



12th International  
Congress on Early  
Onset Scoliosis

# Contouring the Magnetically Controlled Growing Rod Impacts Its Expansion Capacity

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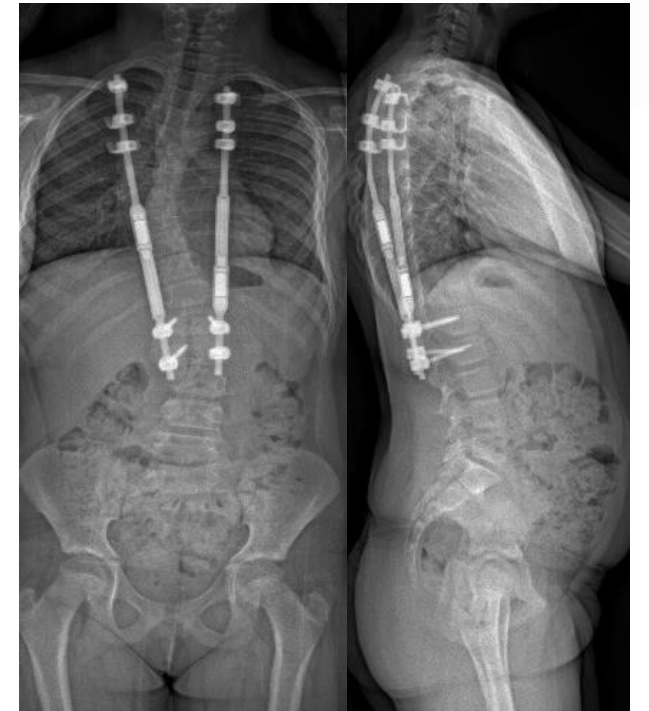


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No competing conflict of interest

## Background

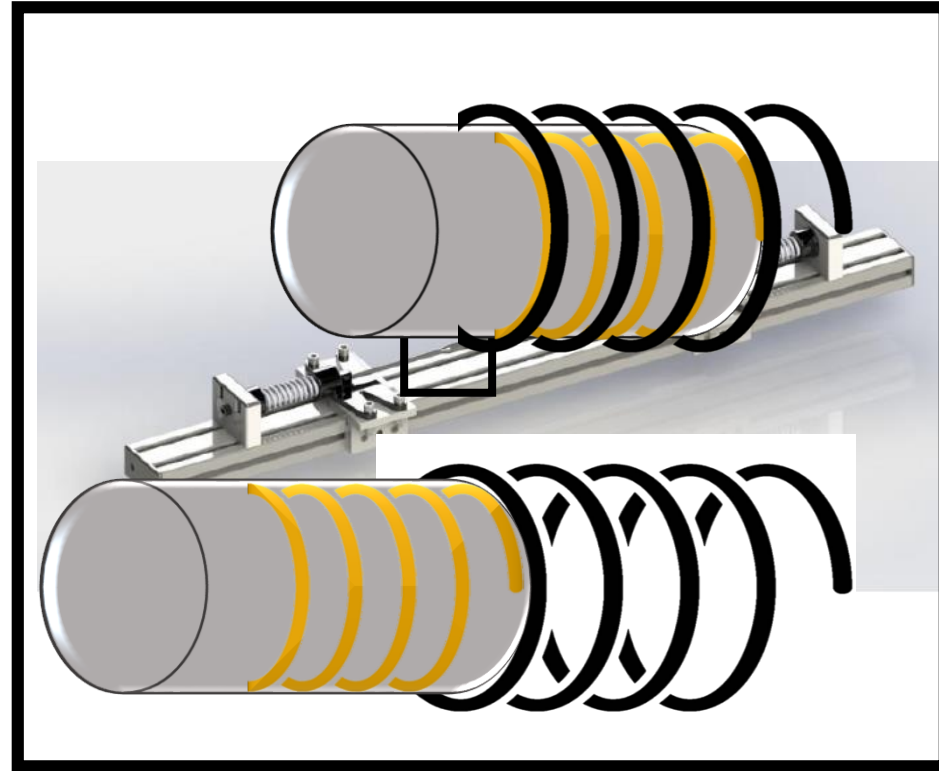
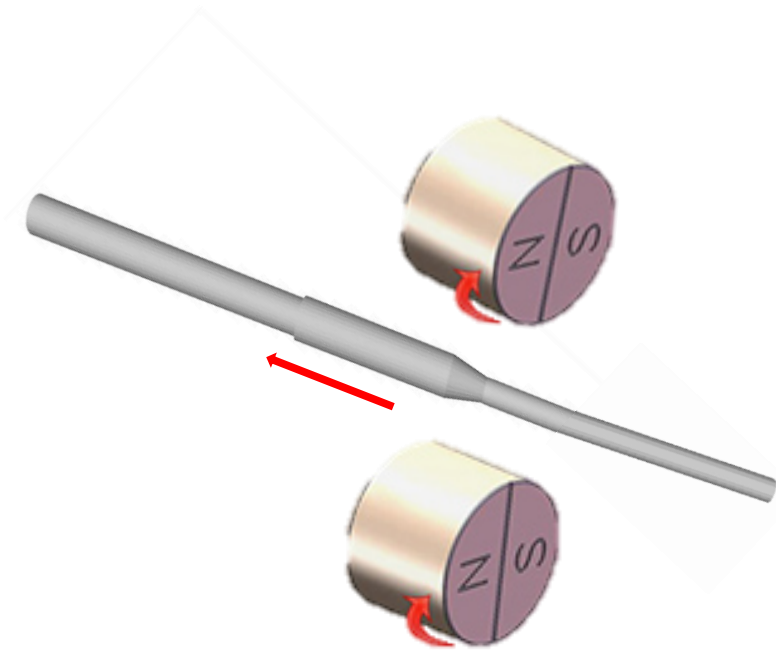
- Magnetically controlled growing rods (MCGR) reduced the need for repeated surgery while allowing spinal growth
  - less surgical procedures,
  - shorter hospital stays,
  - lower long-term cost relative to TGR
- The complication rate remains high:
  - 33% unplanned revision rate
  - 44.5% average reported surgical-related complication
    - 11.8% screw hook pull-out,
    - 11.7% implant failure,
    - 10.6% rod or rod foundation breakage



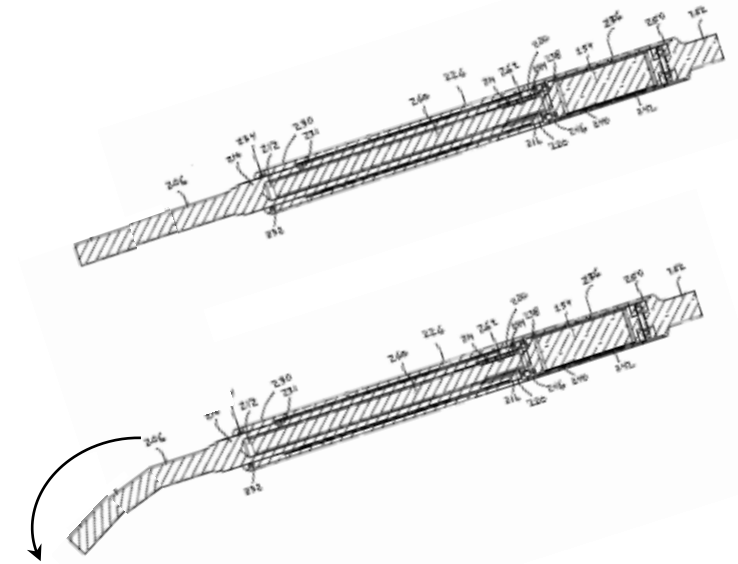
**Clinical implications of the rods, specific to the rod mechanism, are not well-specified.**

# Research Question

Considering the mechanical structure of the rod, do changes in the expandable end of rod impact its expansion capacity?



## Rod Contouring



Changes in the alignment and length of contact of the *screw lead*, and the *threaded portion*

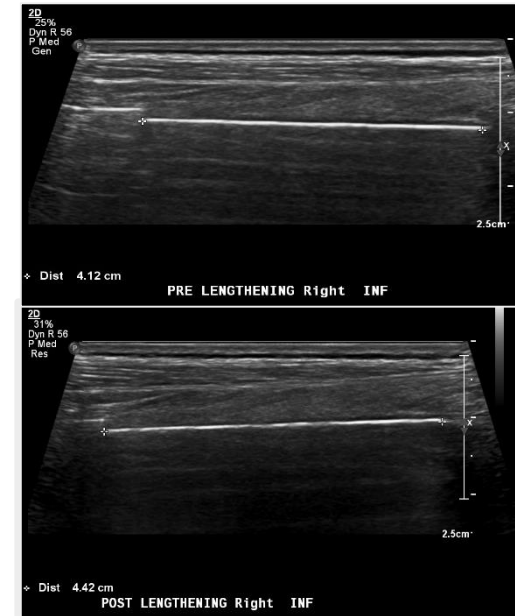
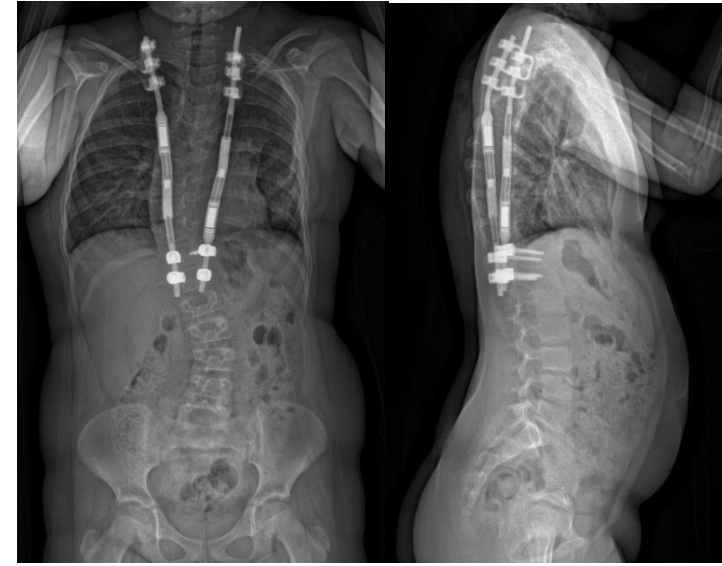
# Methods

Retrospective radiographic analysis

45 MCGR: 23 early onset, juvenile, congenital scoliosis

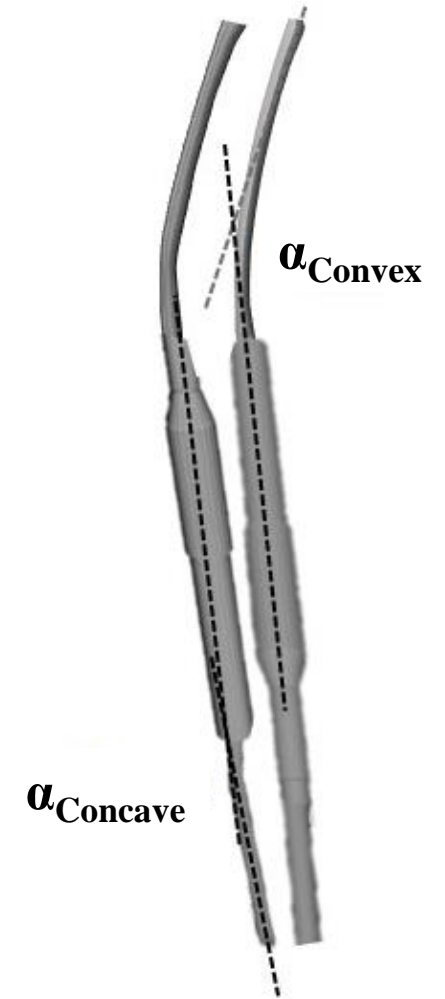
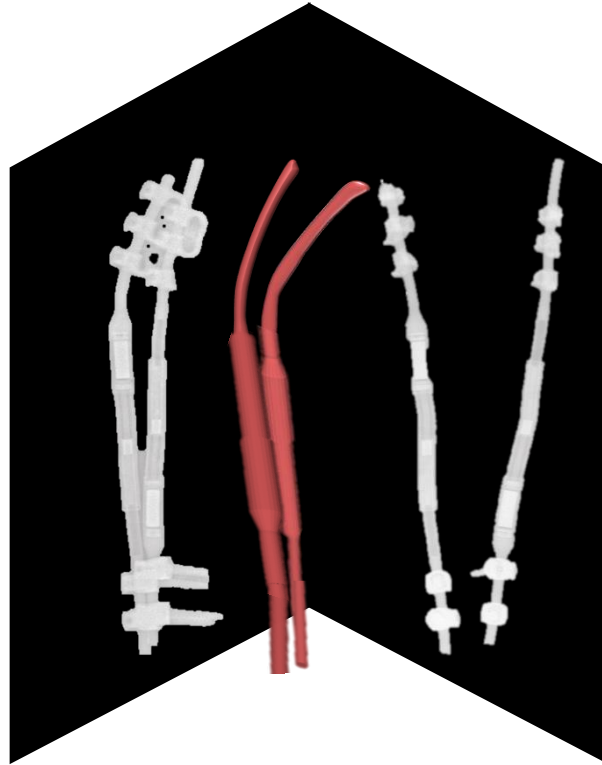
Inclusion criterial

- At least three expansions
  - Calibrated two view X-rays (Frontal and sagittal) after surgery
  - Ultrasound before and after expansion
- Measured the rod expansion on the 2D ultrasounds (mm)
- Created the 3D model of the rods from the two-view images and calculated the 3D curve at the expandable end after insertion (degrees)



# Methods

3D reconstruction of the rod and calculation of the 3D rod bent



Correlate the expansion to the 3D angle of the concave and convex rods

# Results

Average expansion visits was 4.8, ranged [3-6]

Average 3D curve of the rods at the expandable end:

**Convex side:  $5.2 \pm 8.3^\circ$**

**Concave side:  $11 \pm 10.9^\circ$**

The correlation between the 3D rod curve (degrees) and expansion at each visit (mm):

Visit 1 (n=45):  $r = 0.10$ ,  $p > 0.05$

Visit 2 (n=45):  $r = 0.18$ ,  $p > 0.05$

Visit 3 (n=45):  **$r = 0.58$** ,  $p < 0.05$

Visit 4 (n=31):  **$r = 0.38$** ,  $p < 0.05$

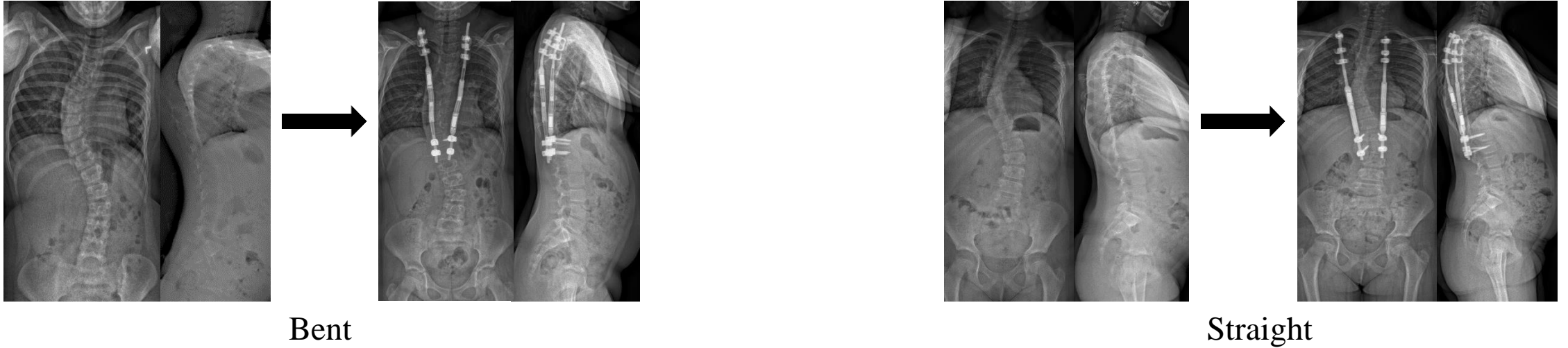
Visit 5 (n=22):  $r = -0.17$ ,  $p > 0.05^*$

Visit 6 (n=10):  $r = -0.10$ ,  $p > 0.05^*$

\*underpowered

## Results

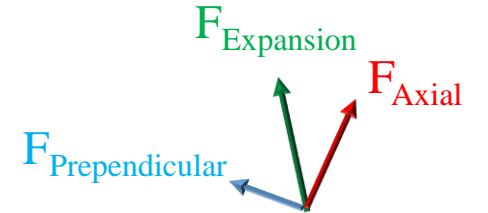
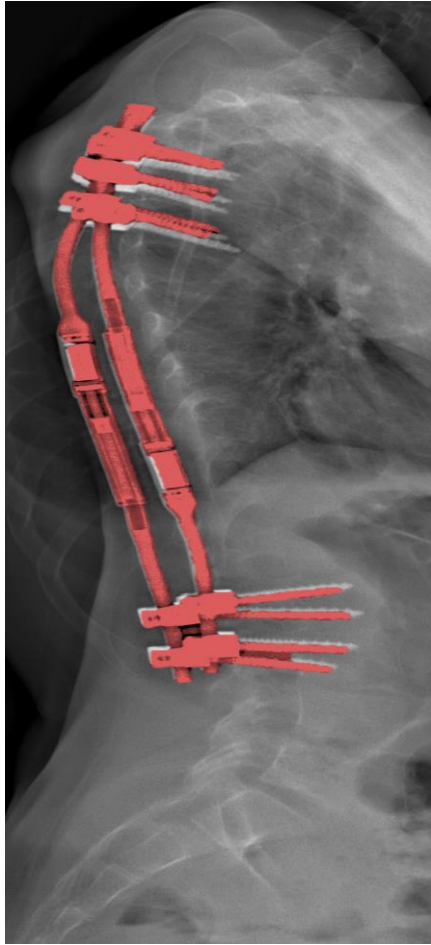
# Changes in the frontal and sagittal curves:



- The rate of changes in **kyphosis** between the first and third expansion was significantly related to the rod 3D curve angle,  $r= 0.41$ ,  $p<0.05$
- The rate of changes in **frontal Cobb** between the first and third expansion was not significantly related to the rod 3D curve angle,  $r= 0.23$ ,  $p>0.05$



# Interpretation

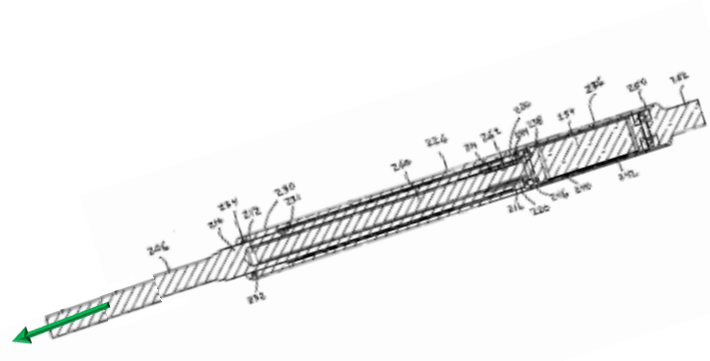


$F_{Expansion}$ : Imparted from fixation and spine

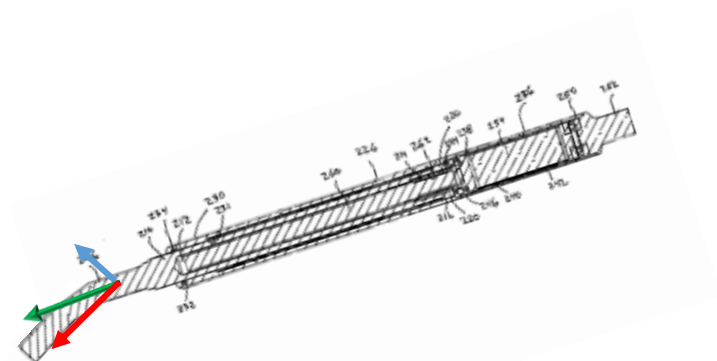
$F_{Axial}$ : resisting the expansion

$F_{Prependicular}$  kyphosing force

**PJK**



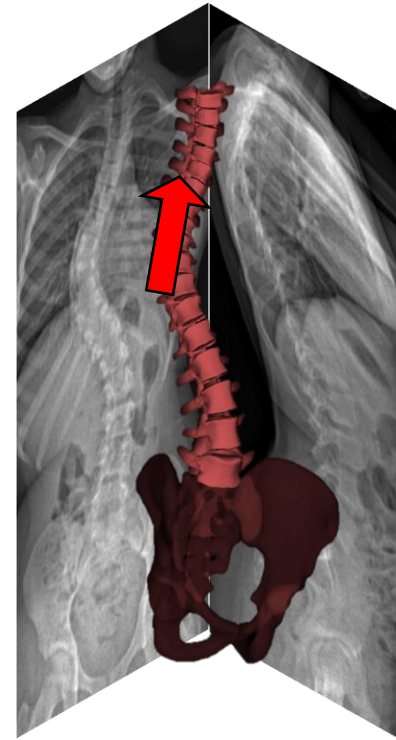
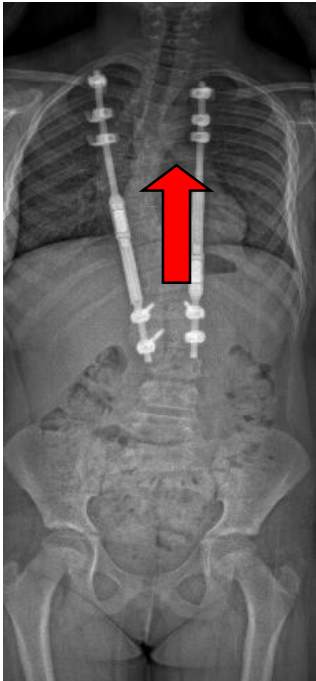
Corrects the curve



Less axial resistance ~ larger expansion

# Discussion

- Contouring of the MCGR impacts the expansion capacity of the rod.
- The 3D curve of the expandable end of the rod can increase its lengthening capacity.
- An increased rod expansion does not necessary impacts the curve correction.
- Direction of the applied force (Rod curve) can increase the kyphosis without frontal correction of the curve.



**Relationship between expansion and 3D Trajectory of the UIV**

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