

# Definitive Fusion in 12 Early-onset scoliosis with Growing Rod



**National Hospital Organization**  
**Kobe Medical Center**



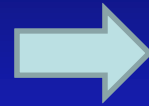
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# Introduction

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**EOS** (Early-onset scoliosis)

Severe deformity



**Life threatening  
health risk**

**TIS** (Thoracic insufficiency syndrome)

Campbell; *JBJS*, 2003

Davies; *Arch Dis Child*, 1971

**Limited Fusion**

(Apical fusion, wedge resection, etc)

**Fusionless treatment**

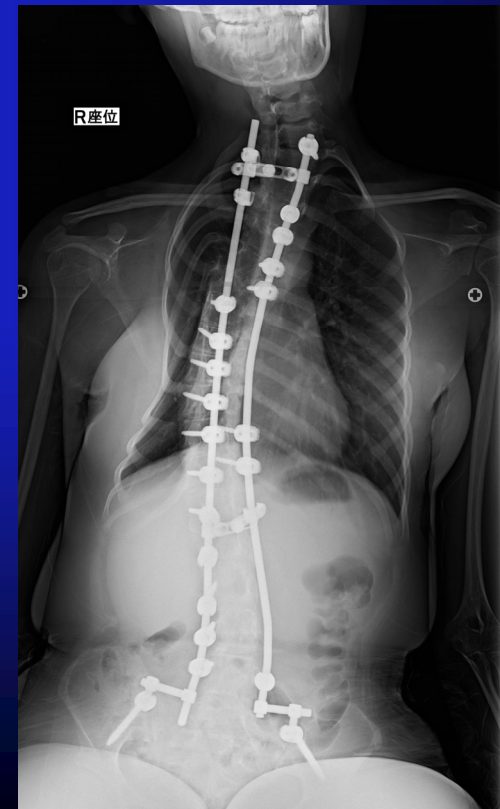
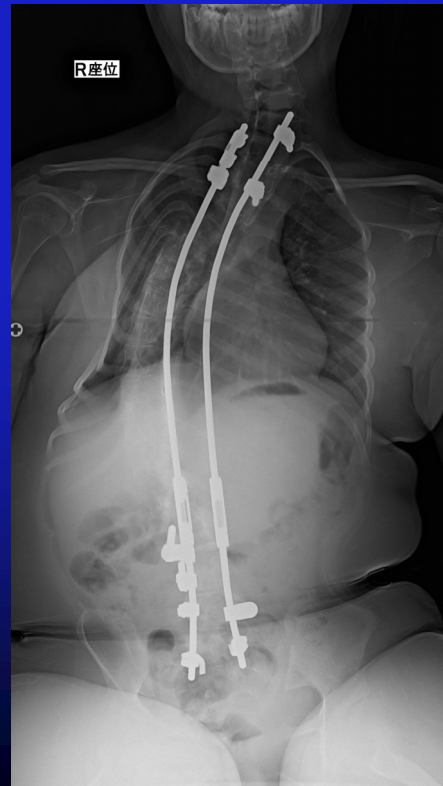
**VEPTR** (Vertical expandable titanium rib)

**Shilla**

**Growing Rod**

# Purpose

Retrospective case review of 12 children graduated dual growing rod at a single institution.



# Objects

<b>No. of patients</b>	<b>12</b>	<b>Idiopathic 3</b> <b>Congenital 3</b> <b>Neuromuscular 3</b> <b>Syndromic 3</b>
<b>Gender (F:M)</b>	<b>8:4</b>	
<b>Age at initial surgery</b>	<b><math>10.2 \pm 4.2</math> y.o.</b>	
<b>Duration between lengthenings</b>	<b><math>4.0 \pm 2.6</math> yrs</b>	

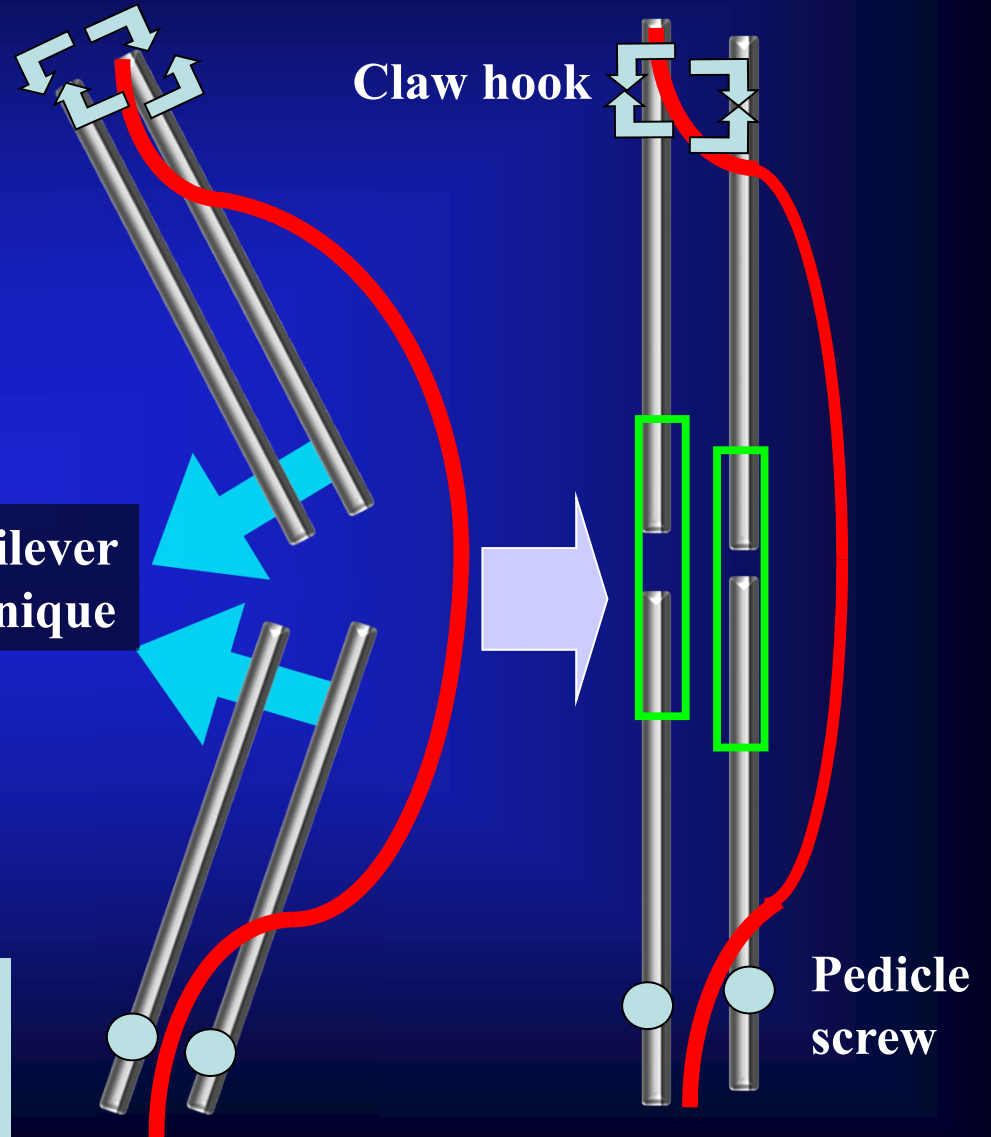
# Operative Technique

Upper Foundation T1-3

Extended Tandem connector

submuscular

Lower Foundation T12-L3



# Measurement

Preinitial → Postinitial → Prefinal → Postfinal → Final f/u

Major Curve

Kyphosis (T1-5 T5-12)

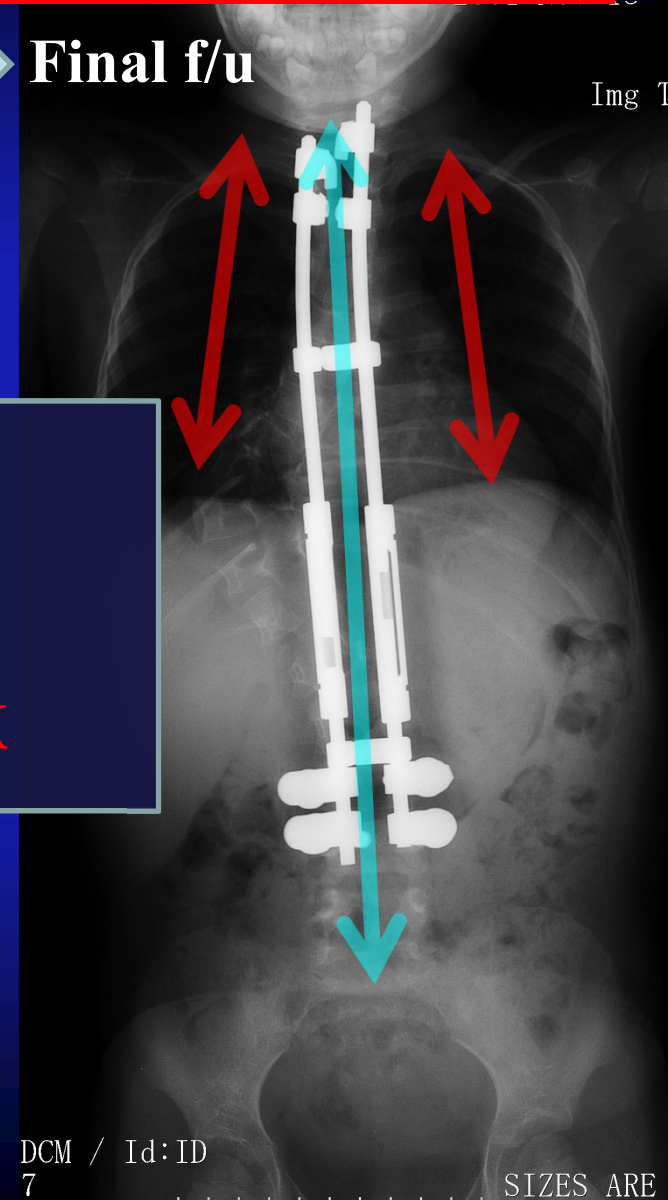
T1-S1 Length

Lung Space

Concave & Convex

Complications

Autofusion

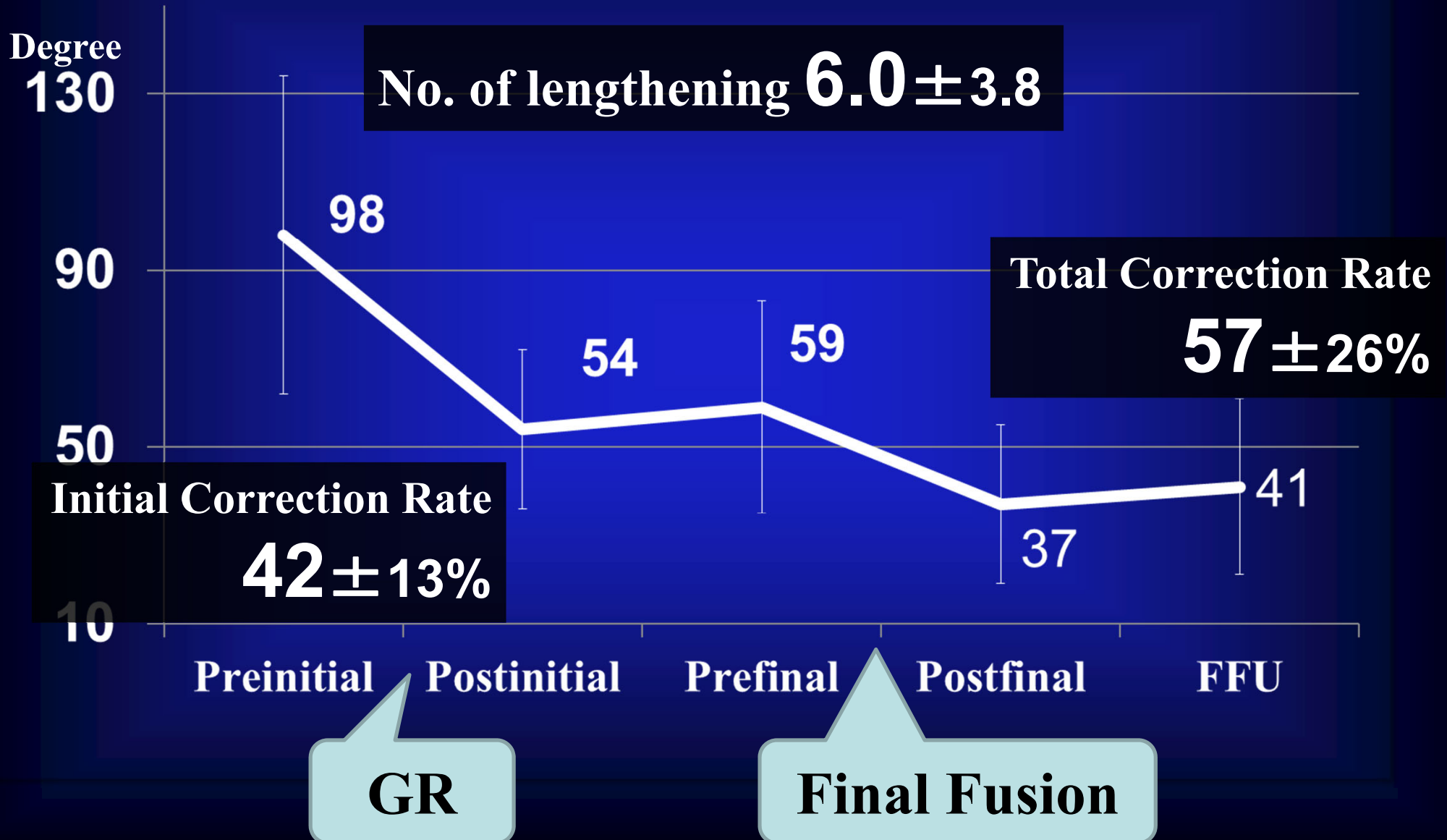


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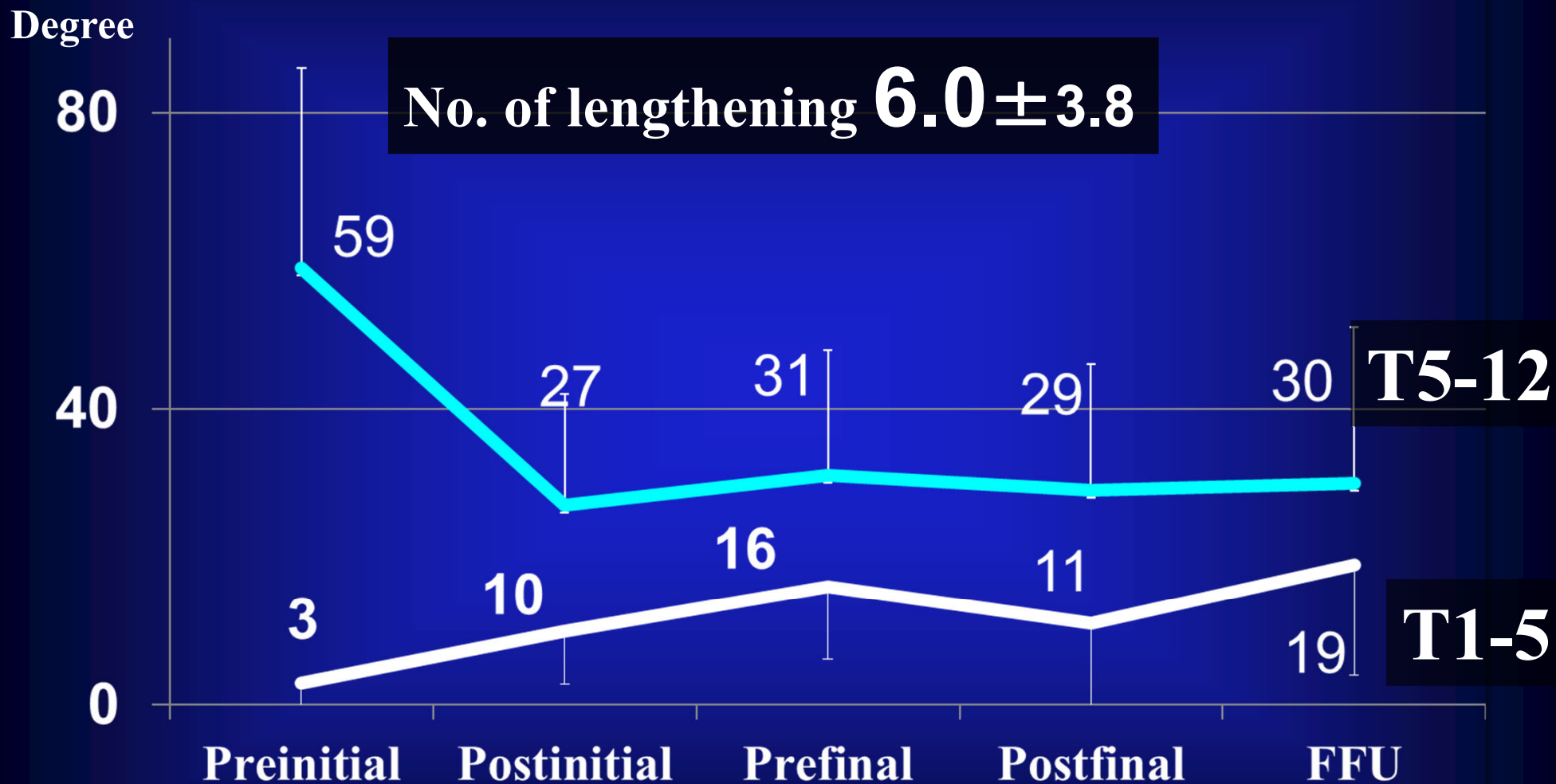
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# Main Curve



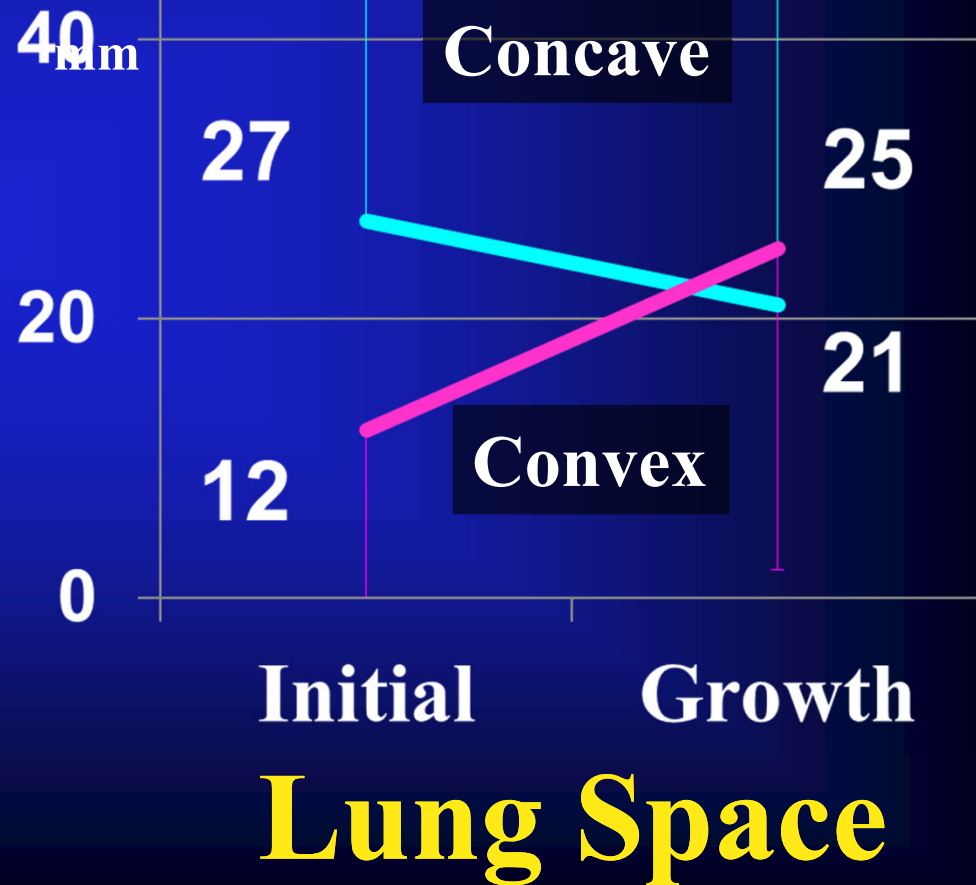
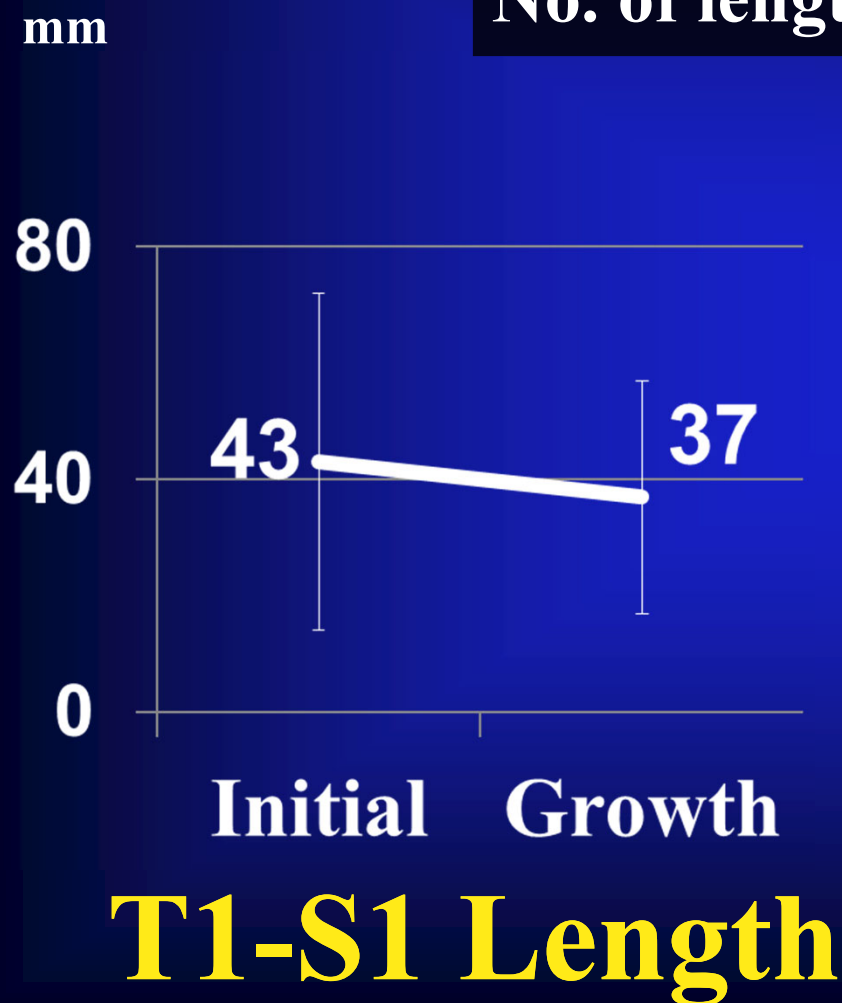
# Thoracic Kyphosis





# Length of Elongation

No. of lengthening  $6.0 \pm 3.8$



# **The Detail of the Complications**

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**19** complications

**72** lengthenings

<b>Hook Dislodgement</b>	<b>4</b>
<b>Rod Breakage</b>	<b>7</b>
<b>Screw Loosening / Pull-out</b>	<b>2</b>
<b>Superficial Infection</b>	<b>2</b>
<b>Deep infection</b>	<b>4</b>
<b>Neurological Deficit</b>	<b>0</b>

# The Detail of the Complications

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With a minimum of **one** complication

8 patients / (67%)  
12 patients

Complication rate **per lengthening** in each patient

**23.0** ± 20%

# Autofusion

Autofusion	Yes	No	P Value
No. of patients	7	5	
Age at initial op (y.o.)	9.6±4.2	11±0.7	N.S.
Interval (mo)	8.4±2.5	8.8±1.7	N.S.
Complication rate(%)	23±20	22±22	N.S.
<b>Duration of the treatment (y)</b>	<b>5.3±2.5</b>	<b>2.3±0.6</b>	<b>0.02</b>
<b>No. of lengthening per patient</b>	<b>7.9±3.5</b>	<b>3.4±1.7</b>	<b>0.02</b>
<b>T1-S1 elongation per year (mm)</b>	<b>8.0±1.8</b>	<b>13±4.8</b>	<b>0.03</b>

# Review (1)

Our study	No of cases	Complication rate with min. 1	Complication rate Per Op
Whole series	39	77%	23%
<b>Graduates</b>	<b>12</b>	<b>67%</b>	<b>23%</b>
Akbarnia, et al.; <i>Spine</i> 2008, <i>JBJS</i> 2010			
Whole series	140	58%	18%
<b>Graduates</b>	<b>13</b>	<b>46%</b>	
Emans, et al.; <i>Spine</i> 2005			
<b>VEPTR</b>	<b>31</b>	<b>55%</b>	

# Review (2)

Cahill; *Spine*, 2010

No of cases

During between  
lengthening

Autofusion  
rate

Dual rod

9 cases

9.6 ys

89%

This study

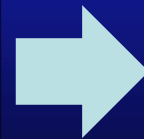
Dual rod

12 cases

4.1 ± 3.0 ys

58%

Longer duration of treatment  
Increasing no. of lengthening



Shorter T1-S1 elongation  
per year

Auto fusion?

# Conclusion

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- The dual growing rod **maintains correction** obtained at the initial surgery.
- Lengthening allowed **the thoracic cage growth**.
- **Complication rate** per lengthening was **23%**.
- **Autofusion rate** was **58%**.
- T1-S1 elongation was significantly shorter in the autofusion group.

# References

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