

Update on remotely controlled Growing Spinal Devices

Behrooz A. Akbarnia, MD

*Clinical Professor, University of California, San Diego
Medical Director, San Diego Center for Spinal Disorders,
La Jolla, California*

4th International congress on Early Onset Scoliosis and Growing Spine
(ICEOS) November 19-20, 2010, Toronto, Canada



SAN DIEGO CENTER
FOR SPINAL DISORDERS



Disclosures

Author	Disclosure
Behrooz A. Akbarnia, MD	DePuy Spine (a,b); Ellipse (a,b,); K2M (a,b); K Spine (b); Nuvasive (a,b,c)

- a. Grants/Research Support
- b. Consultant
- c. Stock/Shareholder
- d. Speakers' Bureau
- e. Other Financial Support

Background

- There is a significant **increase in complication** rate with repeated surgery in distraction based, growth friendly techniques.
- The idea of remote rod lengthening has been around but has further developed recently with the hope of minimizing the overall burden of repeated surgeries.

Biomechanical concept

- The concept is basically about translating a **magnetic field energy** between two permanent powerful magnets, one internal (receiver) and one external (controller) to a **mechanical power** that drives the rod forward to gain length



Two devices are available:

- Phenix
- MAGEC



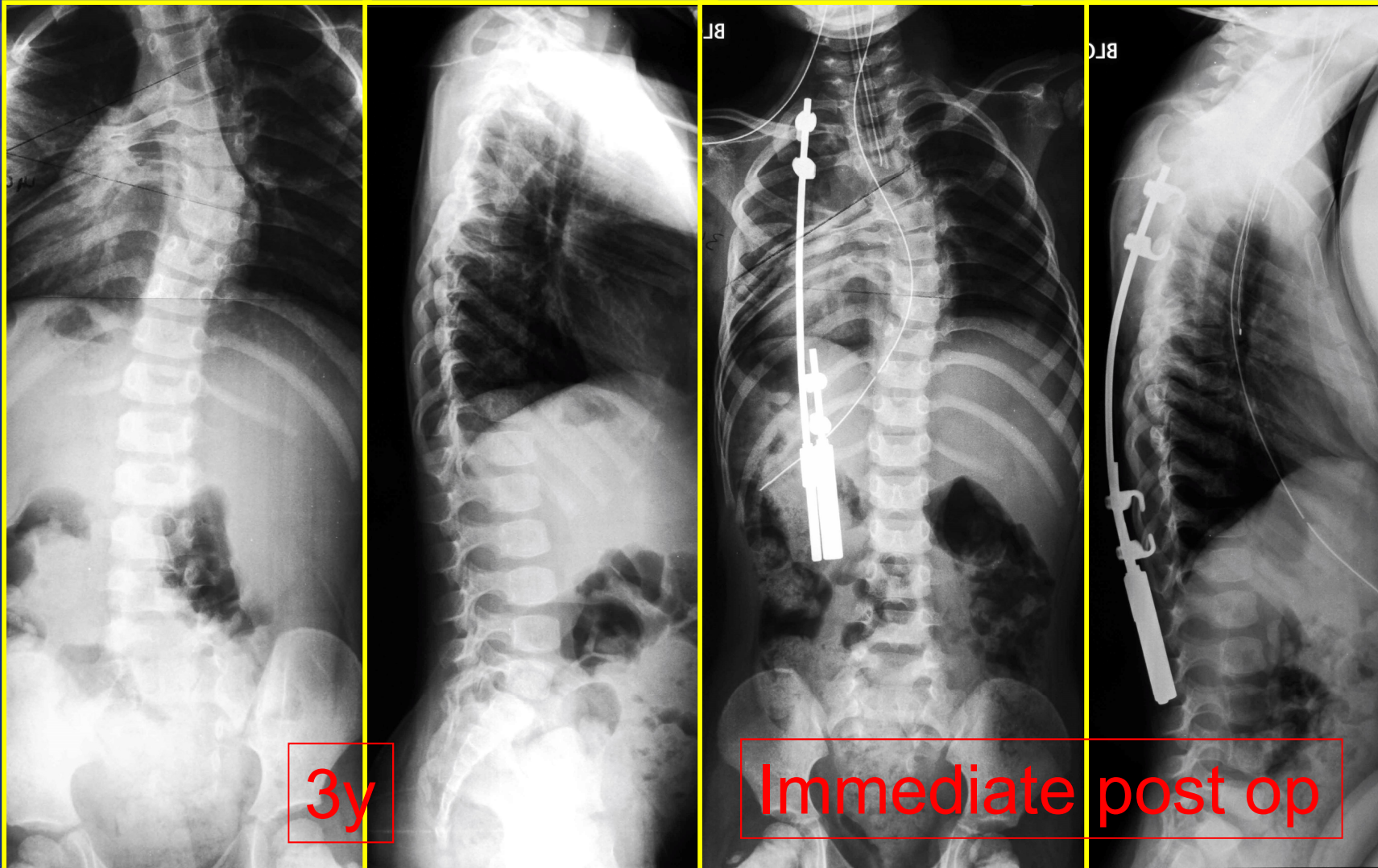
Phenix rod- Case 1

- A 2y10m boy with right thoracic scoliosis with multiple costovertebral malformations
- He underwent rib synostosis excision and Phenix rod application

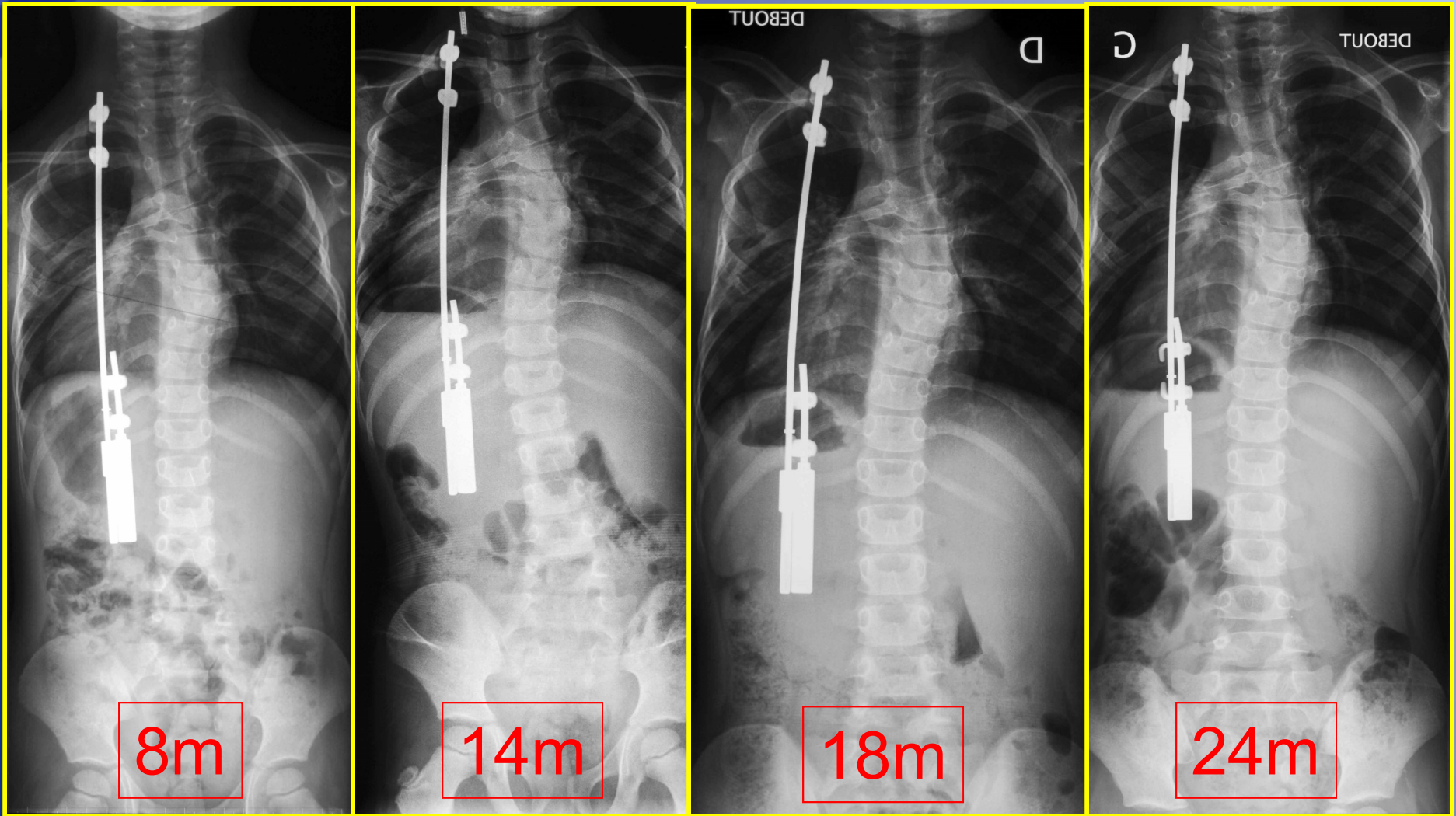
Courtesy of Dr. Lotfi Miladi

The Phenix Rod- Case 1

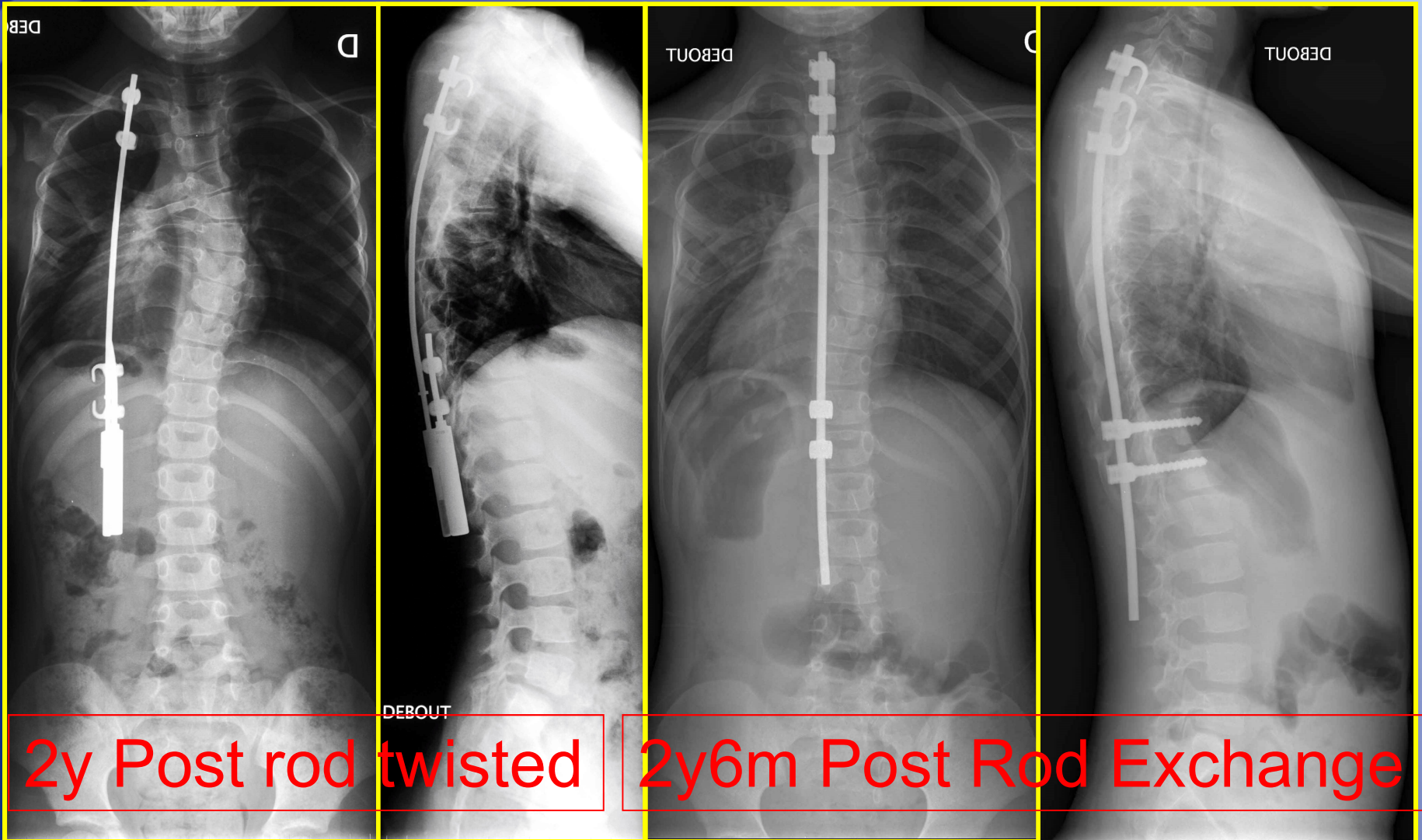
Courtesy Dr. Miladi



The Phenix Rod- Case 1



The Phenix Rod- Case 1



Phenix rod- Case 2

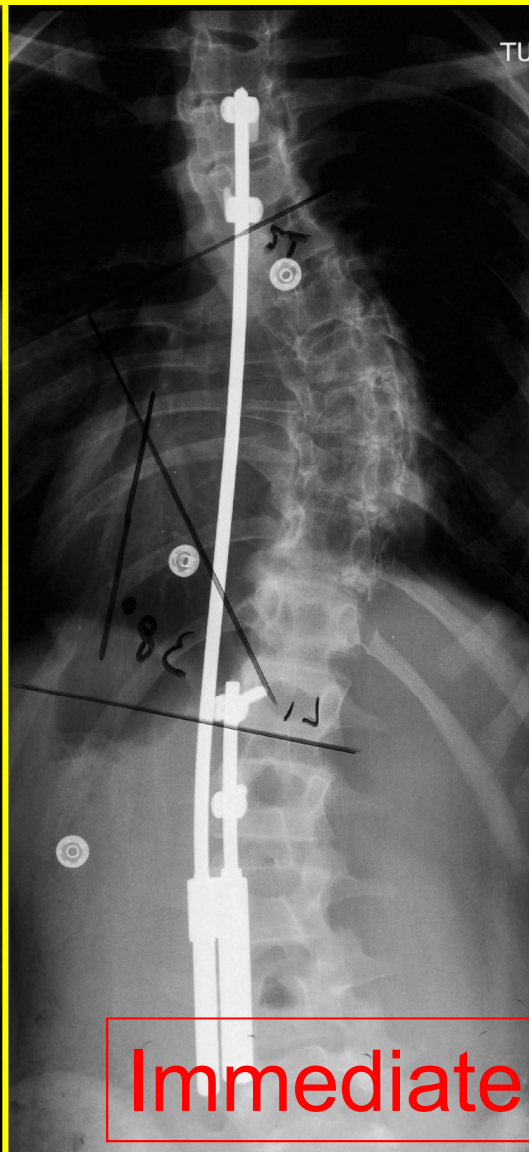
- A 12 yrs girl, neglected advanced juvenile idiopathic scoliosis with Scoliosis of 95°.
- She underwent anterior convex hemiepiphysiodesis and Phenix rod application

Lotfi Miladi, M.D.

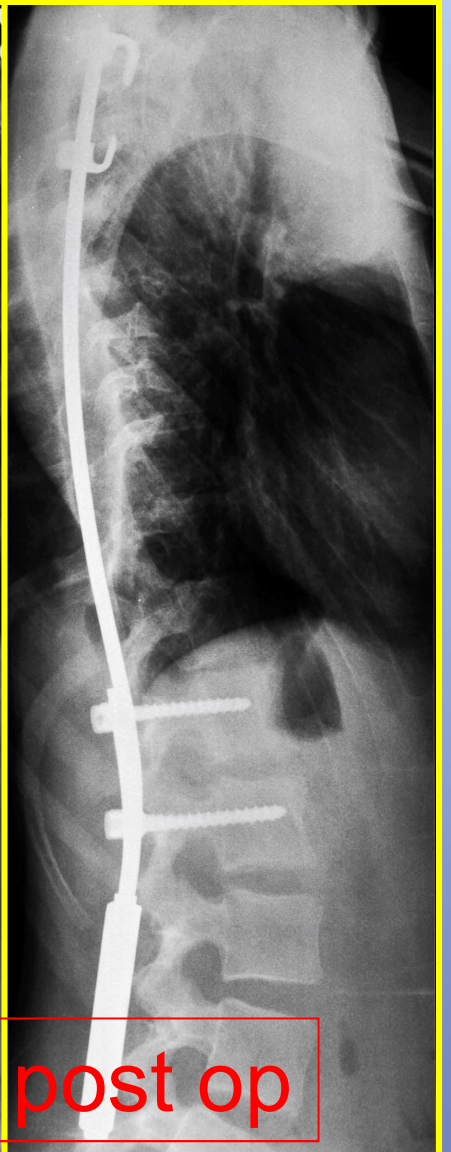
The Phenix Rod- Case 2



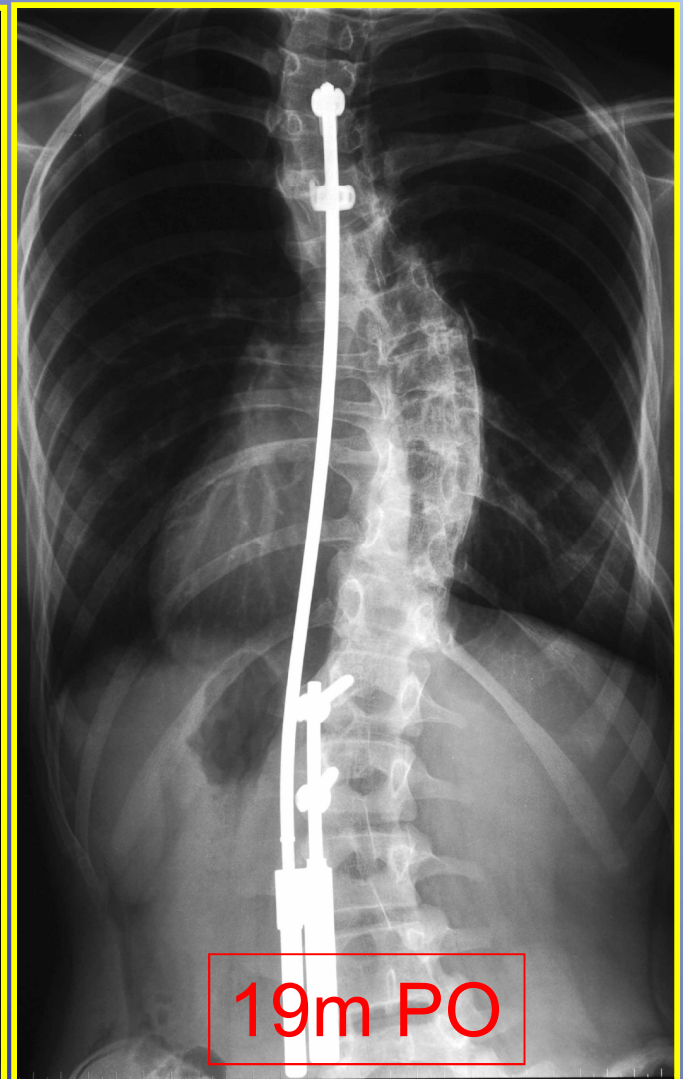
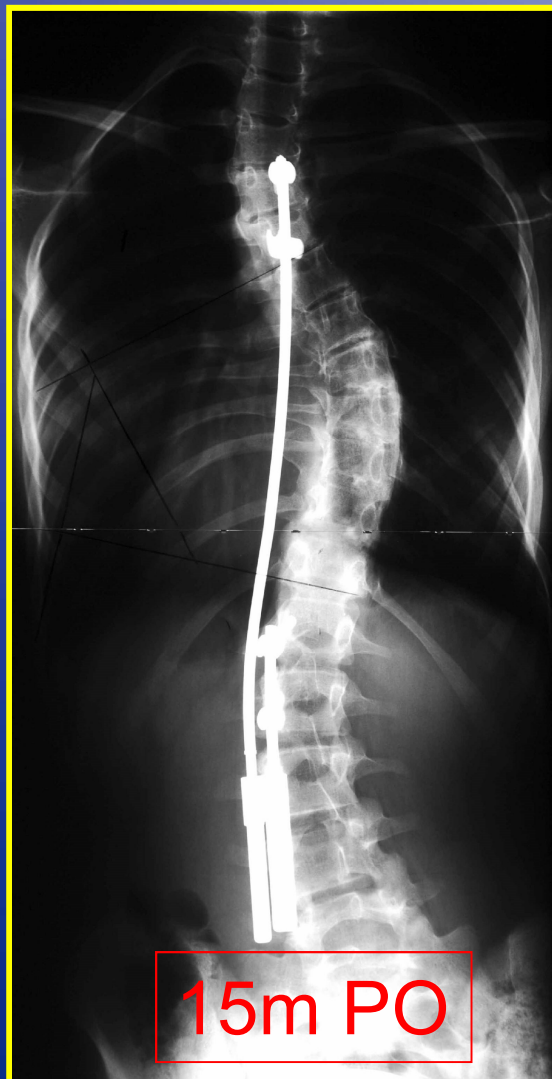
12y8m



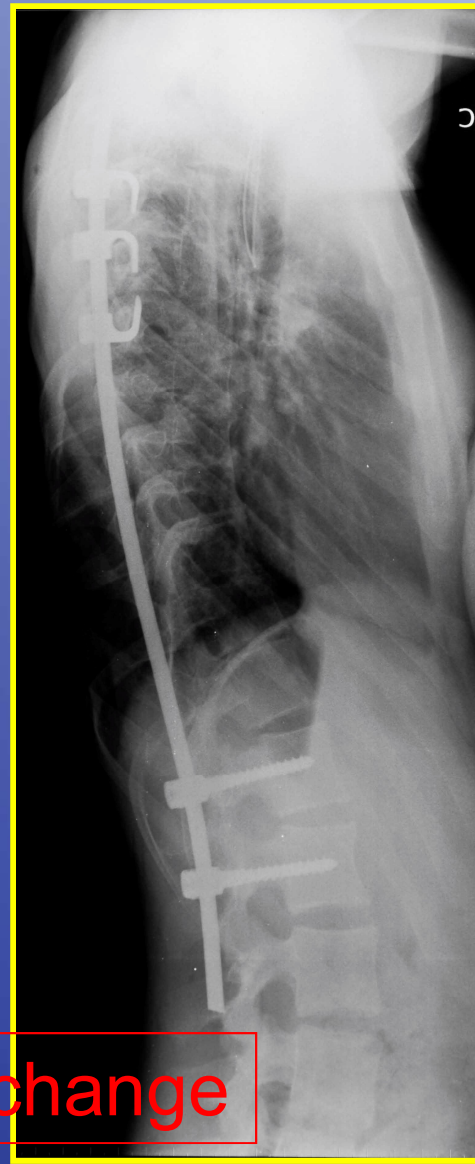
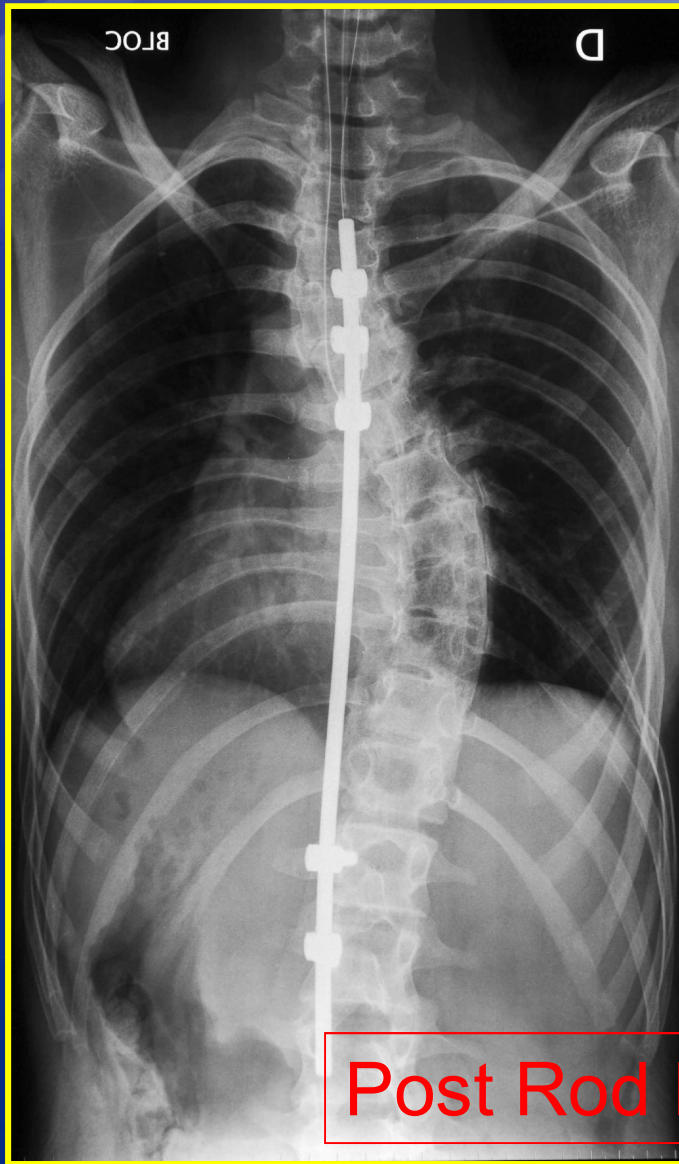
Immediate post op



The Phenix Rod- Case 2

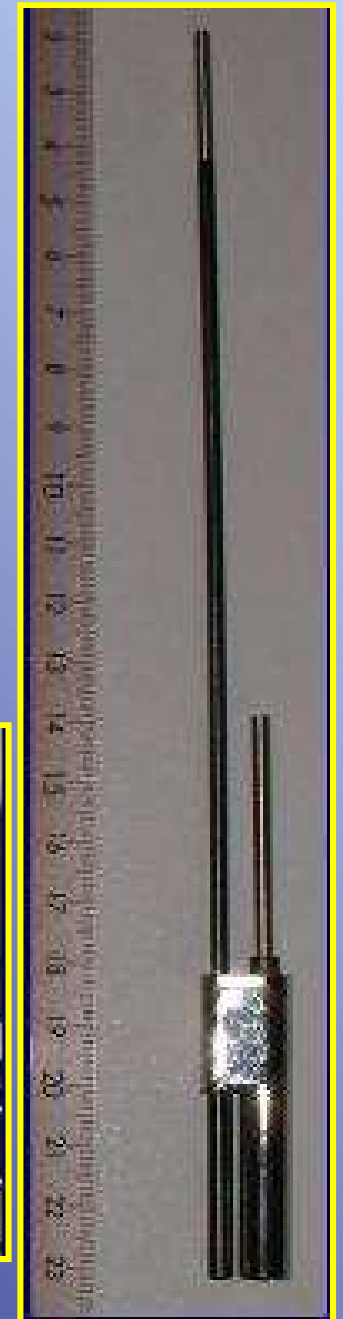
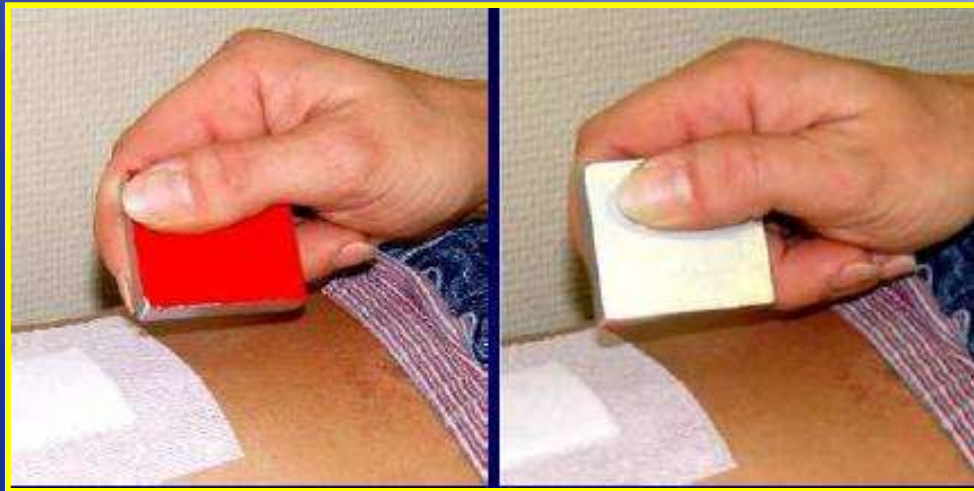


The Phenix Rod- Case 2



Post Rod Exchange

Phenix Rod Lengthening



Phenix rod experience

- From Feb 2006 to June 2008, **26** patients (16 F, 10 M) were reviewed. The age at the time of surgery was from **22m to 13y 9m**.
- There were **11** idiopathic, **7** congenital and **8** syndromic patients.
- Mean preop Cobb was **63°** (25° -130°) and corrected to **33°** (4° -92°) postoperatively.
- Before surgery, 3 patients underwent Stagnara casting, one halo pelvic Ilizarov traction.

Phenix rod experience

Complications were:

- Hook Dislodgement 11
- Loss of evoked potential 2
- Deep infection 2
- Rod Fx 2
- Secondary loss of scoliosis correction 10
- Rod stopped to grow 4

MAGEC Technology (Magnetic expansion control)



Innovation in Growing Rod Technique: A Study of Safety and Efficacy of Remotely Expandable Device in Animal Model

Behrooz A. Akbarnia MD
Gregory M. Mundis, Jr., MD
Pooria Salari, MD
Jeff B. Pawelek, BS
Burt Yaszay, MD



*45th Annual Meeting of the Scoliosis Research Society
September 21-24, 2010 – Kyoto, Japan*



METHODS

- **MAG**netic **E**xpansion **C**ontrol (MAGEC™) is a newly developed spinal distraction system
- Using MAGEC, non-invasive lengthening/shortening of an implanted rod can be performed
- MAGEC comprises two major elements:
 - **Implantable distraction rod**
 - **External adjustment device**

METHODS

- The non-shapeable actuator is 9.0 mm diameter
- The shapeable rod comes in 4.5, 5.5 or 6.35 mm diameters
- A fully rigid construct may be chosen (a) or a freely-swiveling joint to lower stress on the construct and bones (b)
- Construct requires standard hooks and pedicle screws to be implanted

(a)

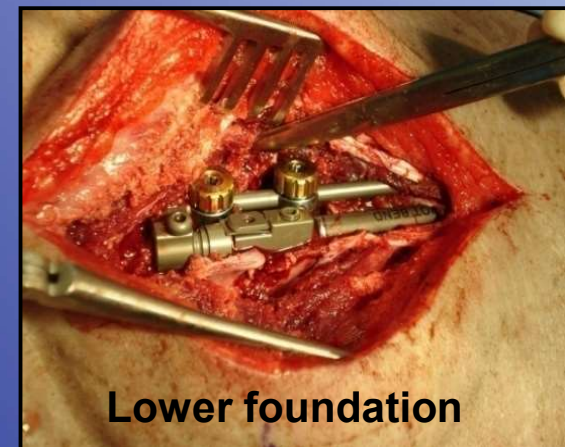
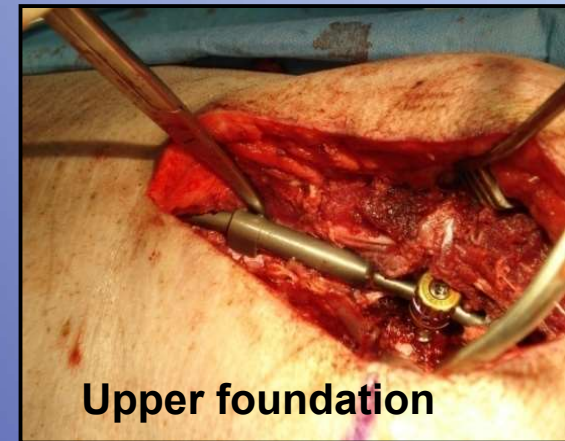


(b)



METHODS

- Nine (9) immature male Yucatan mini-pigs
 - Six (6) pigs in Experimental group (EG)
 - Three (3) pigs in Sham group (SG)
- Both groups had 3-level cephalad and 2-level caudal foundations
- EG instrumented with a unilateral rod



METHODS

- 7-9 levels were un-instrumented between cephalad and caudal foundations
- 7 mm of remote distraction was performed weekly for 7 weeks in EG under sedation
- Implants were removed at week #7
- Animals were sacrificed 3 weeks after implant removal



METHODS

- AP and Lateral Radiographs
 - Performed weekly for 10 weeks using fluoro
- CT Scans and Plain X-ray
 - Performed after initial surgery, before implant removal and prior to sacrifice
- Spinal growth recorded weekly on x-ray throughout the study
 - Vertebral body height including disc was measured
- Spines harvested for further study after sacrifice



RESULTS

- Mean pre-operative age
 - EG = 7.1 months
 - SG = 7.3 months
- No difference in weight between EG and SG at initial surgery or throughout study
- 1 EG pig died after initial surgery due to neurologic complication caused by screw malposition
- Mean distraction achieved in EG was 39 mm (32-46 mm)
 - Planned distraction was 48 mm
 - We feel ↑ thickness of fatty tissue may effect distraction forces resulting in the difference between projected and actual distraction

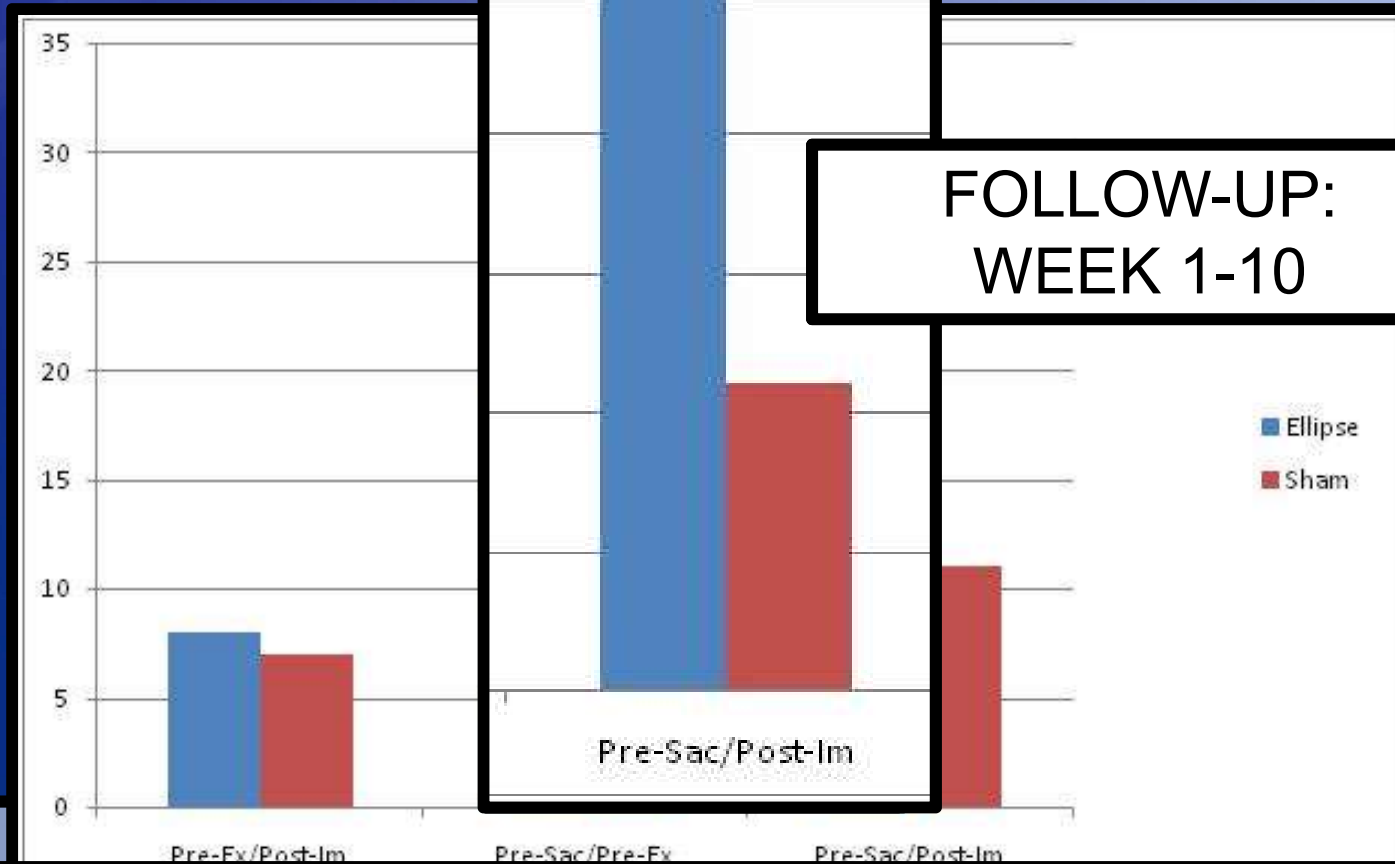
RESULTS

- No complications resulted from distraction
- No implant failure
- Histopathology
 - Internal organs – no significant changes in EG
 - Para-aortic lymph nodes – no significant changes in EG
- Magnetic field from the magnets (implant and external device) fell within international non-ionic radiation guidelines for patient and user exposure

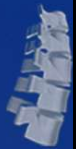
RESULTS

- 1 pig had a sterile fluid collection at the lower foundation. Treated with drainage and prophylactic antibiotics. A retained sponge was found after sacrifice

RESULTS



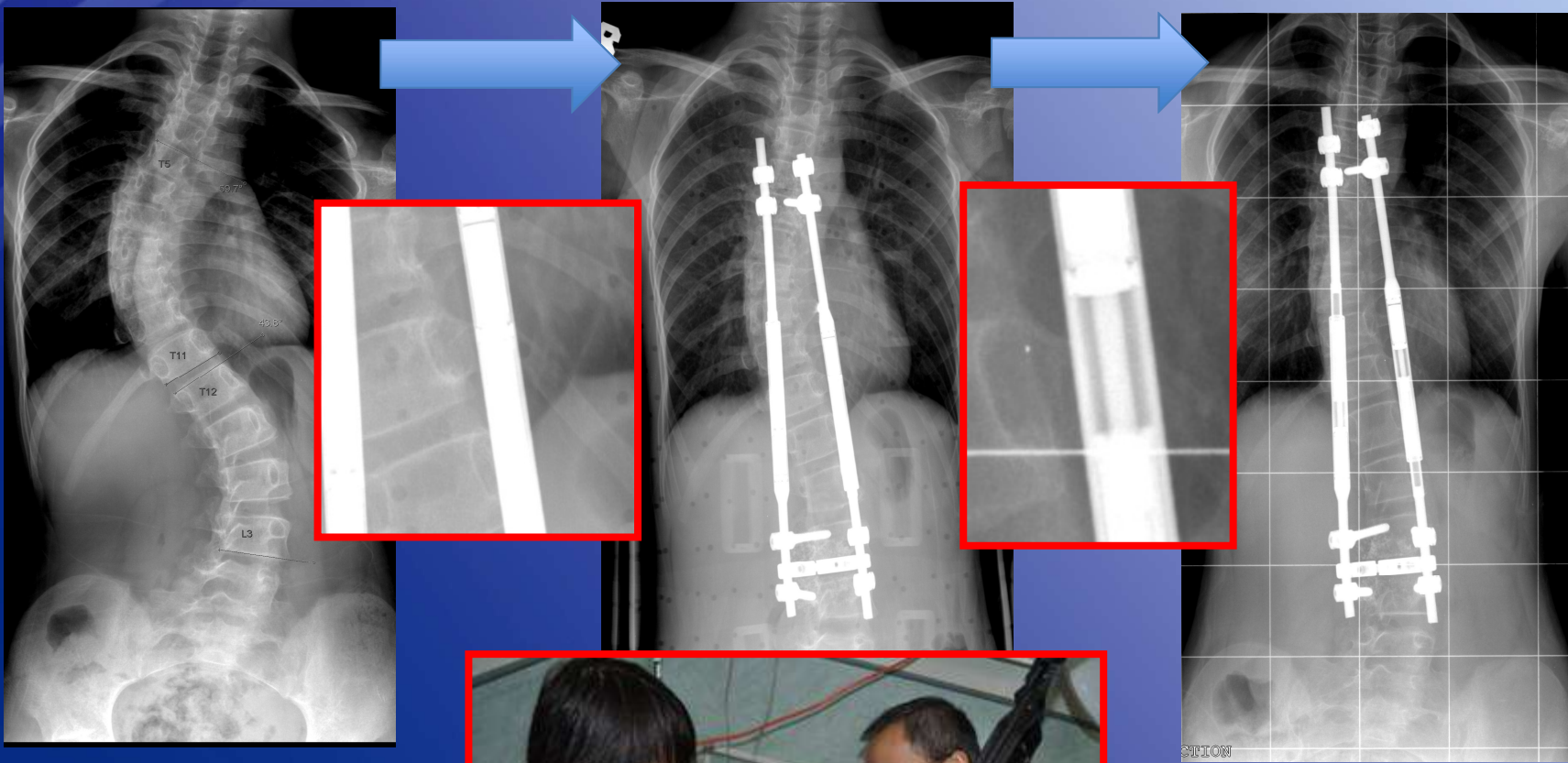
- After implant removal, primary growth increased significantly in EG vs. SG



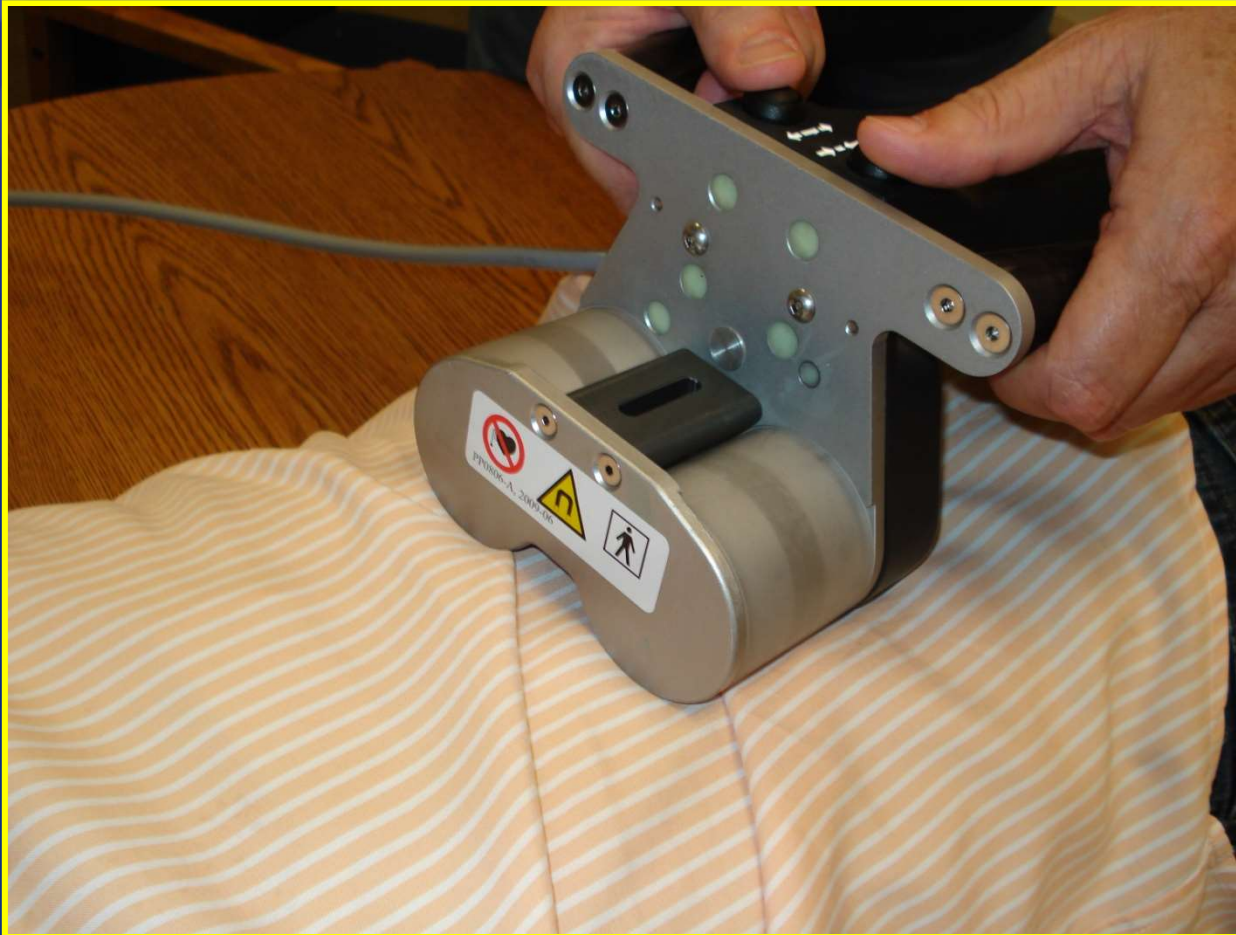
CONCLUSIONS

- MAGEC was shown to be safe and effective in this study
- No complication resulted directly from distraction
- MAGEC distinguishes itself by:
 - Distraction accuracy / prediction
 - Ability to shorten

- **MAGEC shows promise as the next generation of distraction-based treatment for early onset scoliosis**



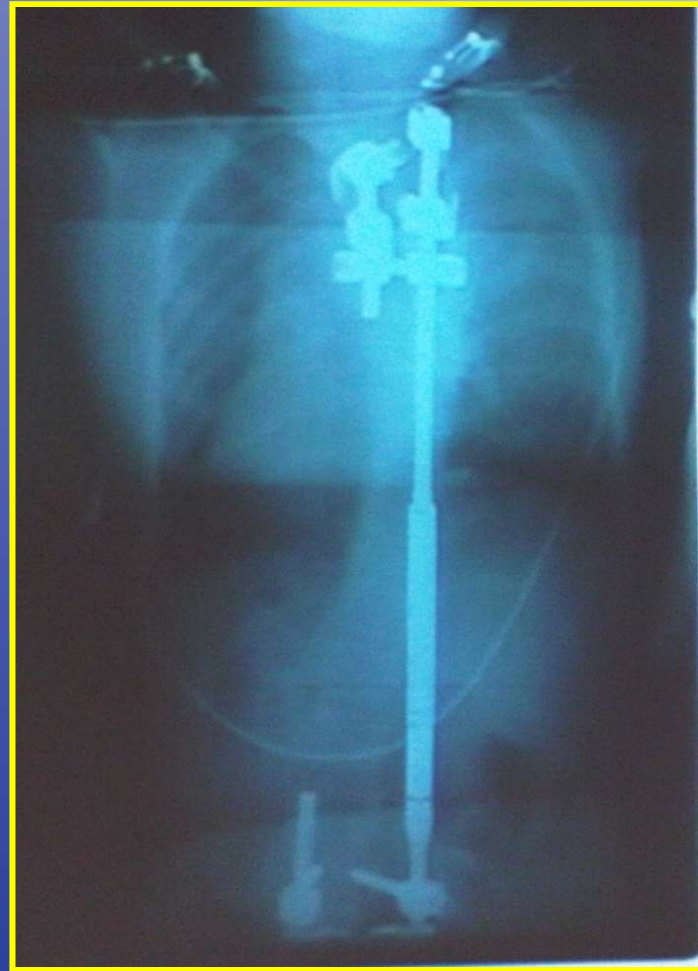
The MAGEC Technology



MAGEC- Case 1

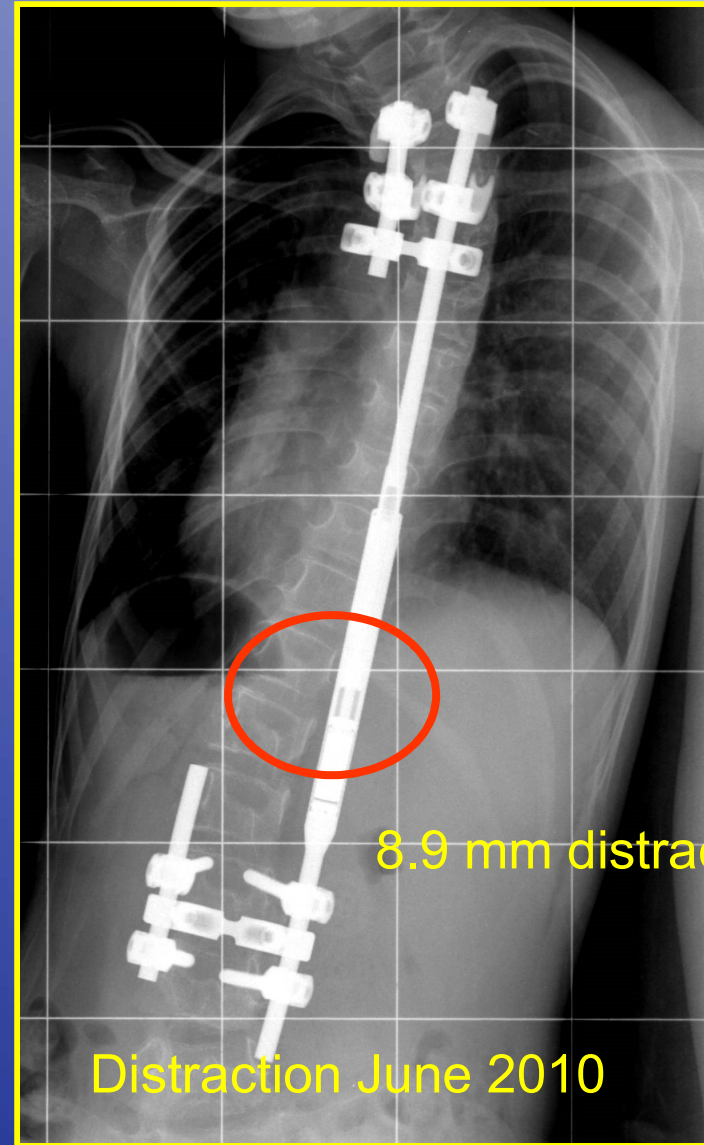
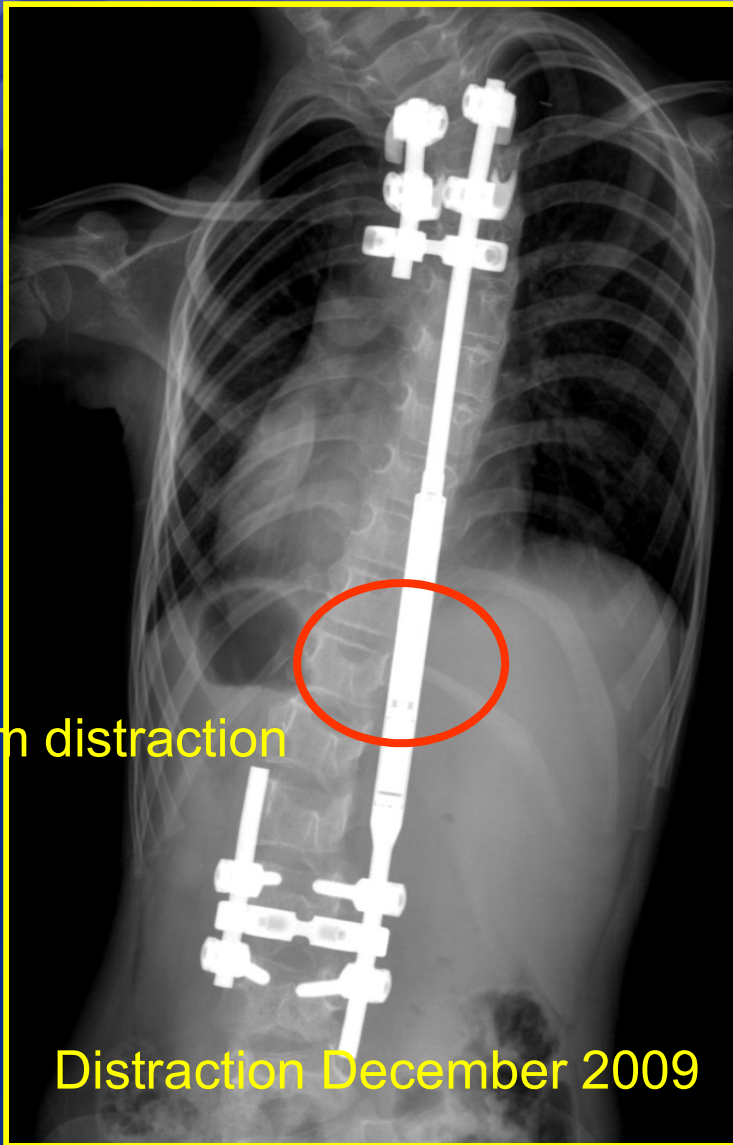


Pre Op AP

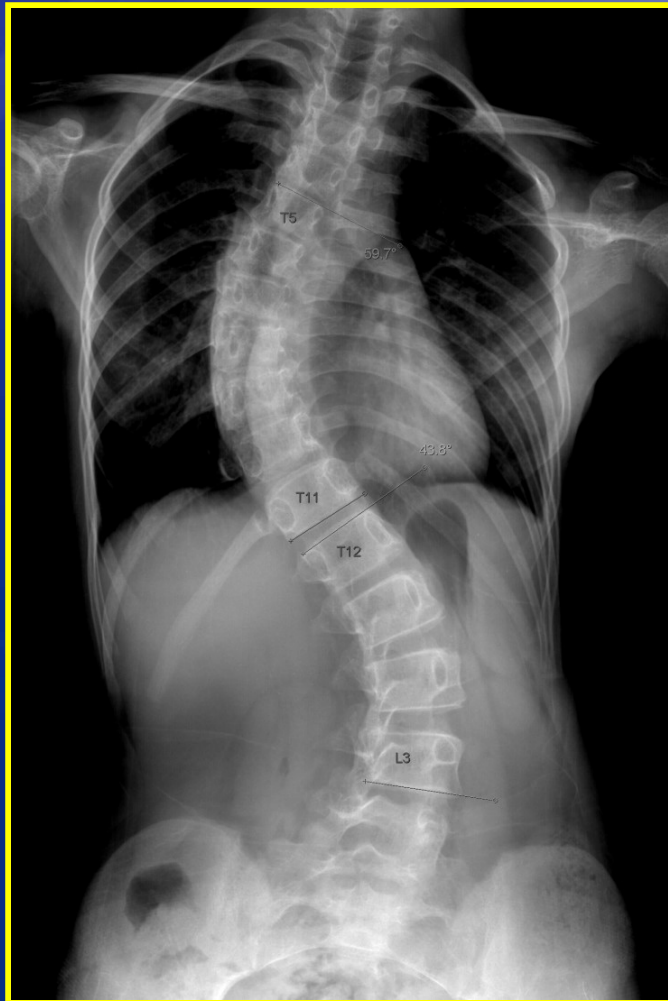


Pre Op AP

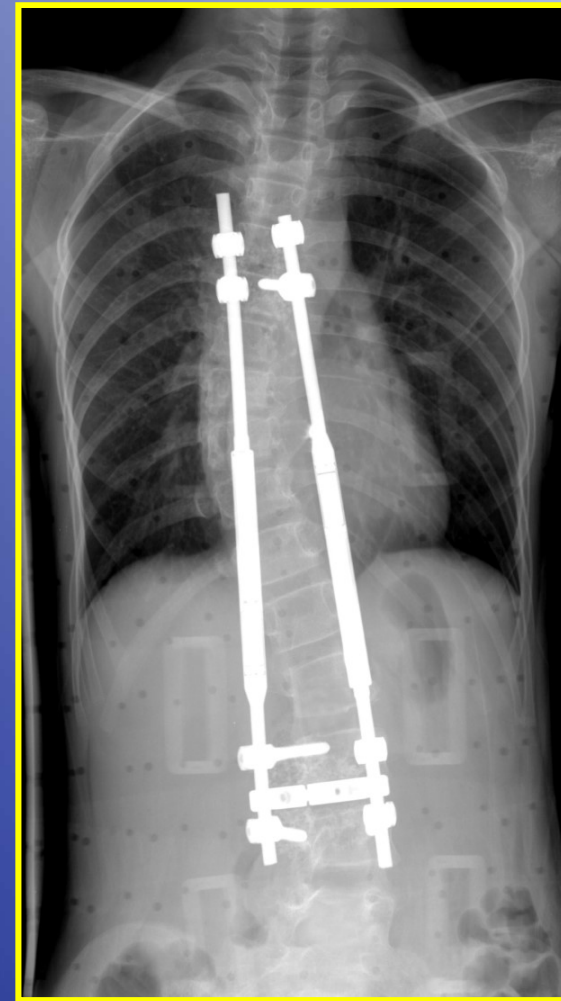
MAGEC- Case 1



MAGEC- Case 2

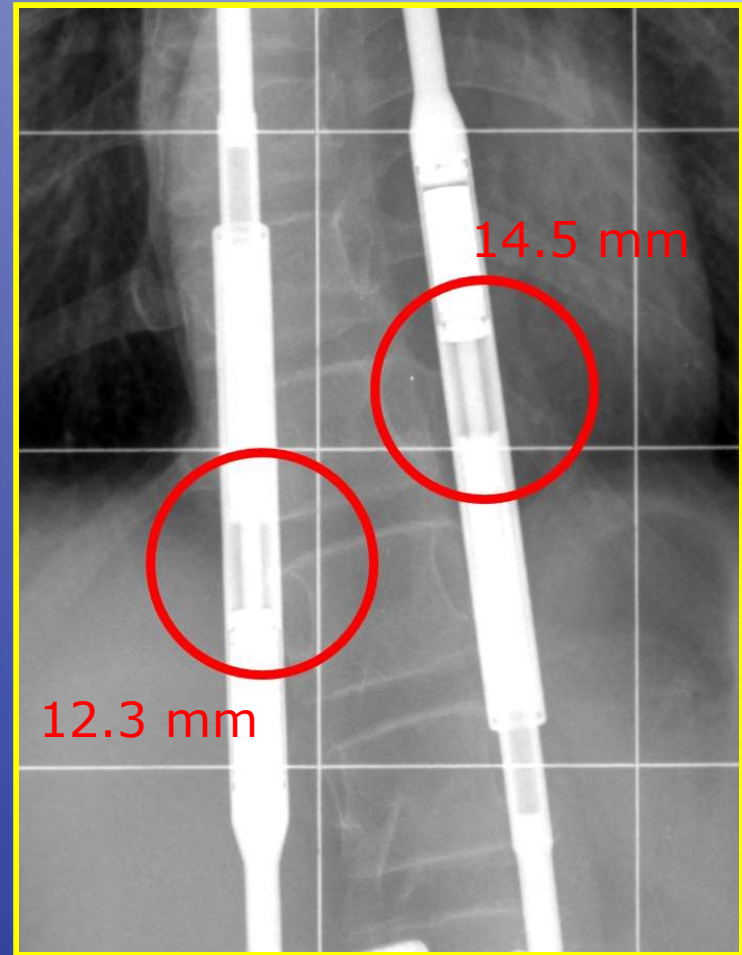
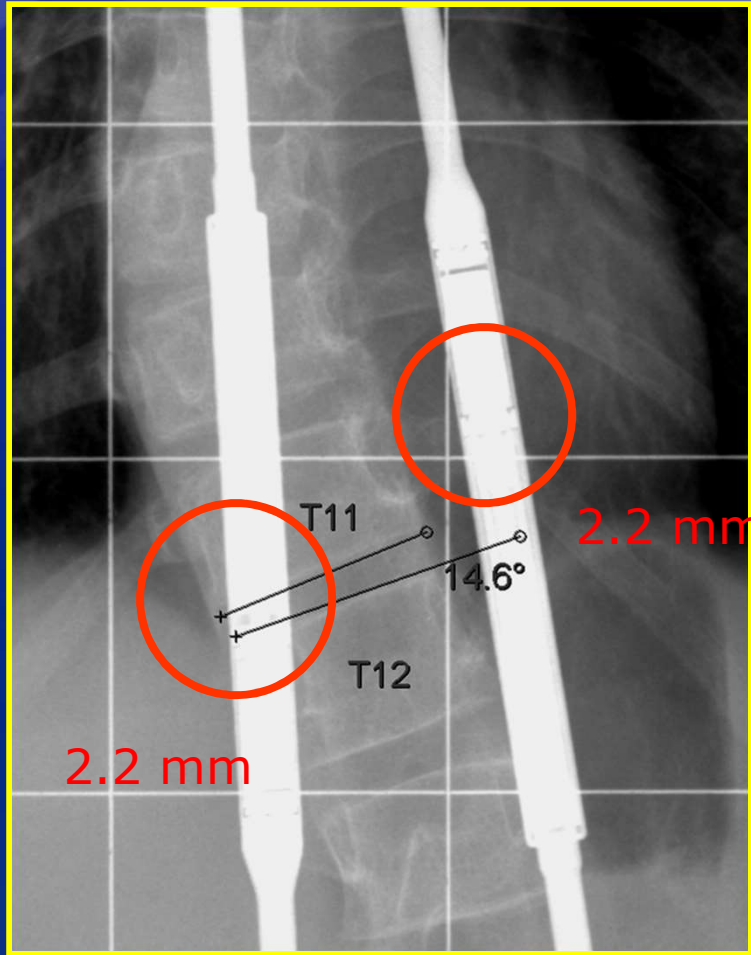


Pre Op AP



Post Op AP

MAGEC- Case 2



Distraction January
2010

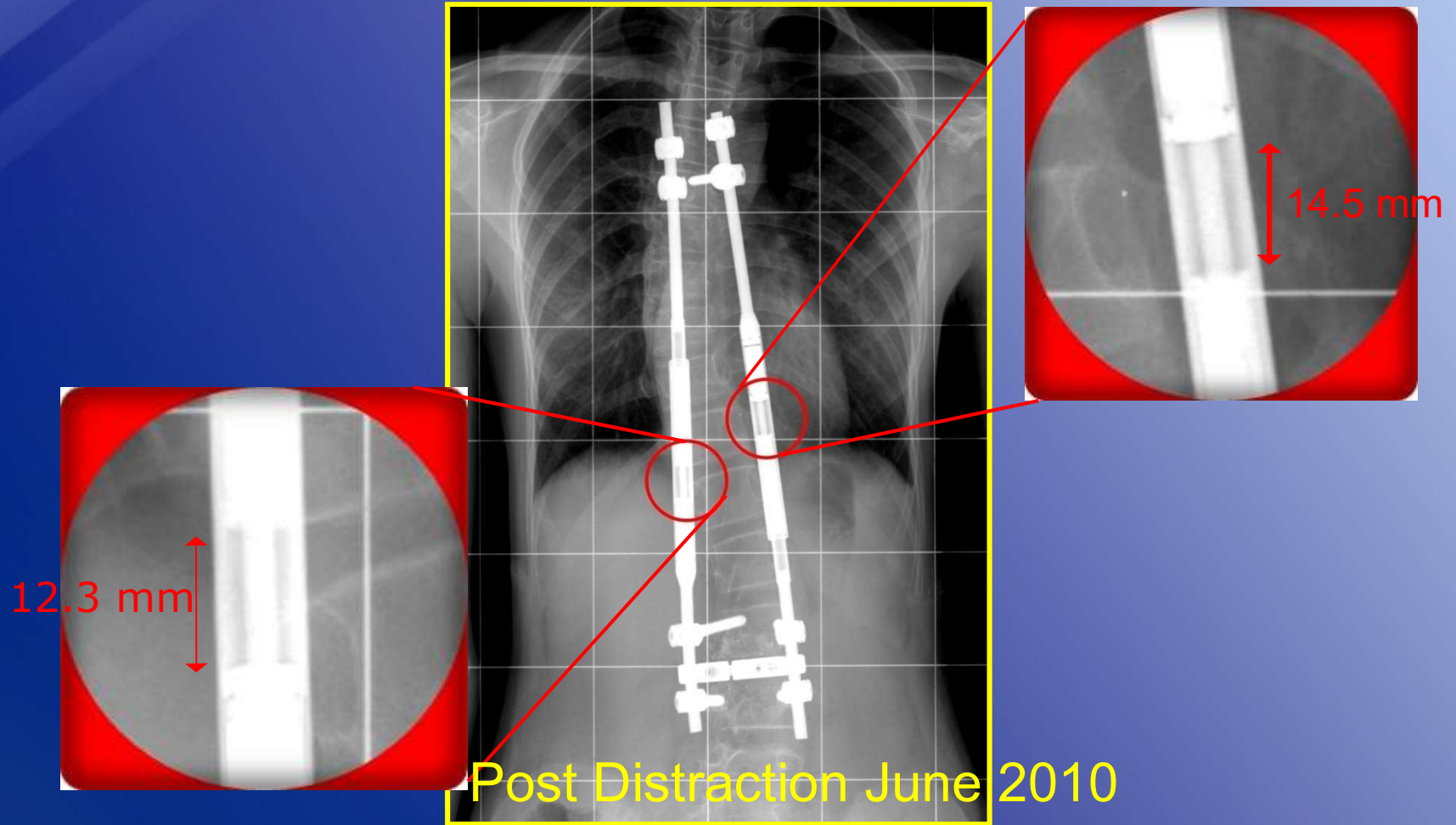
Distraction June 2010



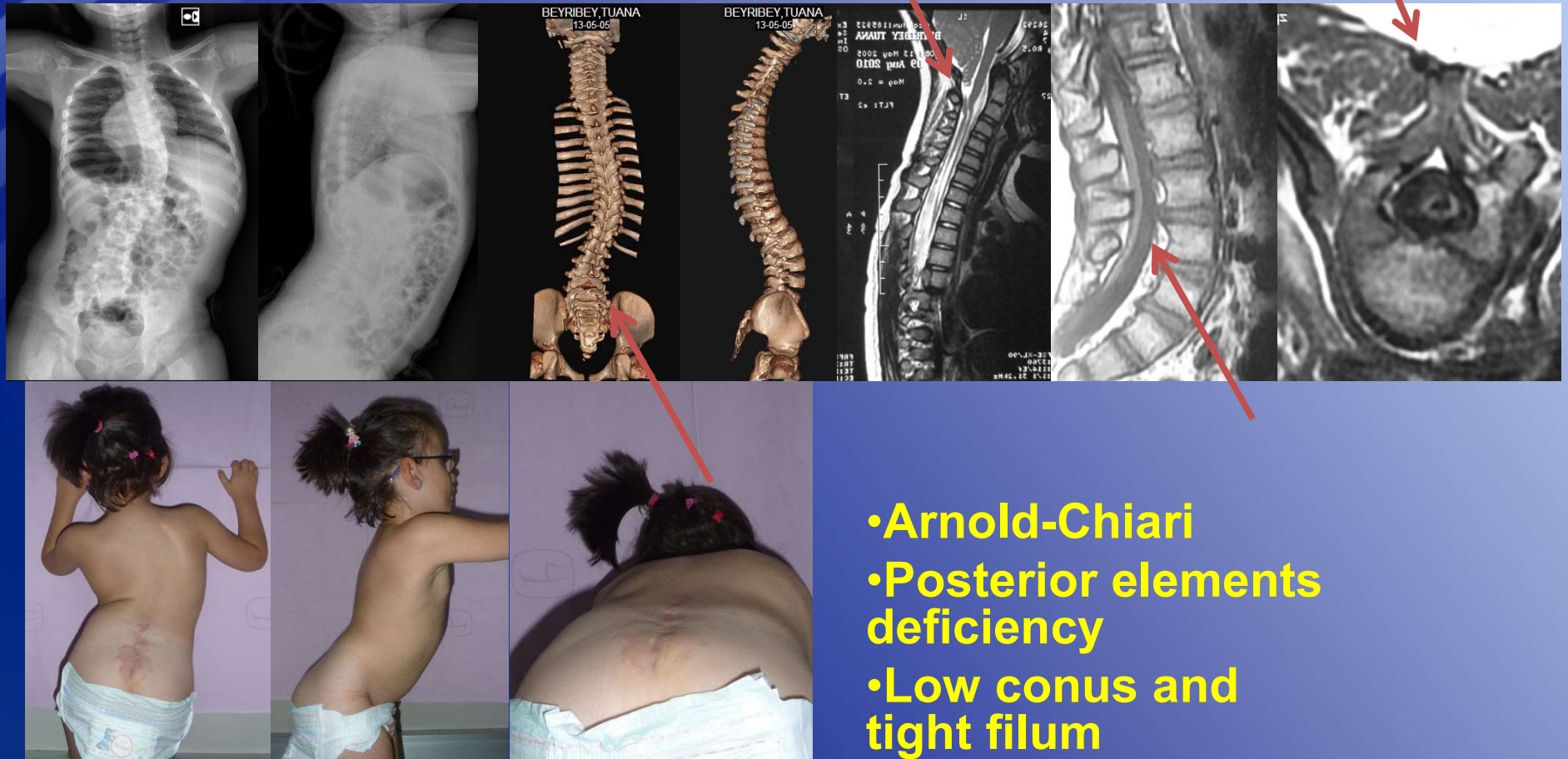
SAN DIEGO CENTER
FOR SPINAL DISORDERS



MAGEC- Case 2

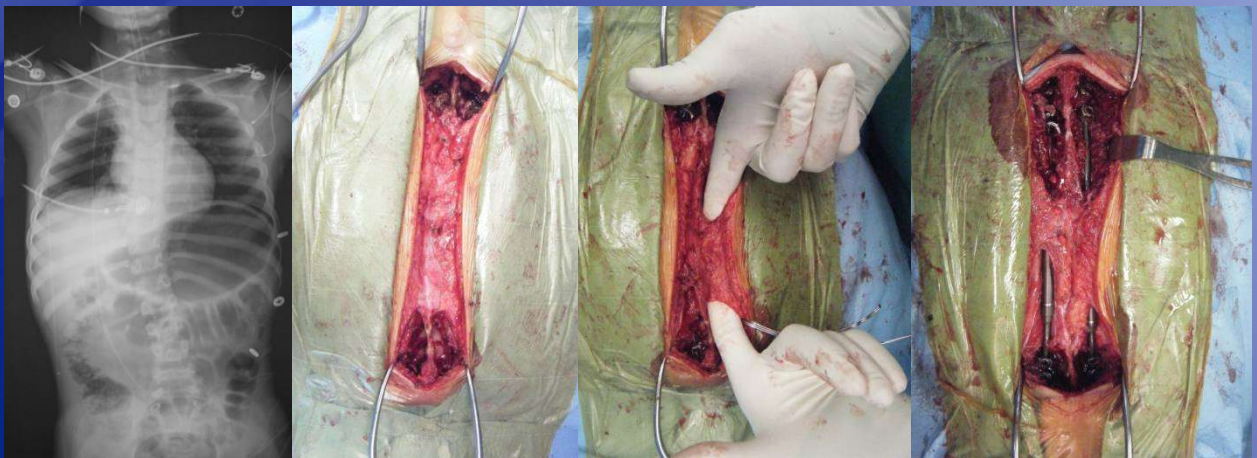


Case #1, spinal dysraphism

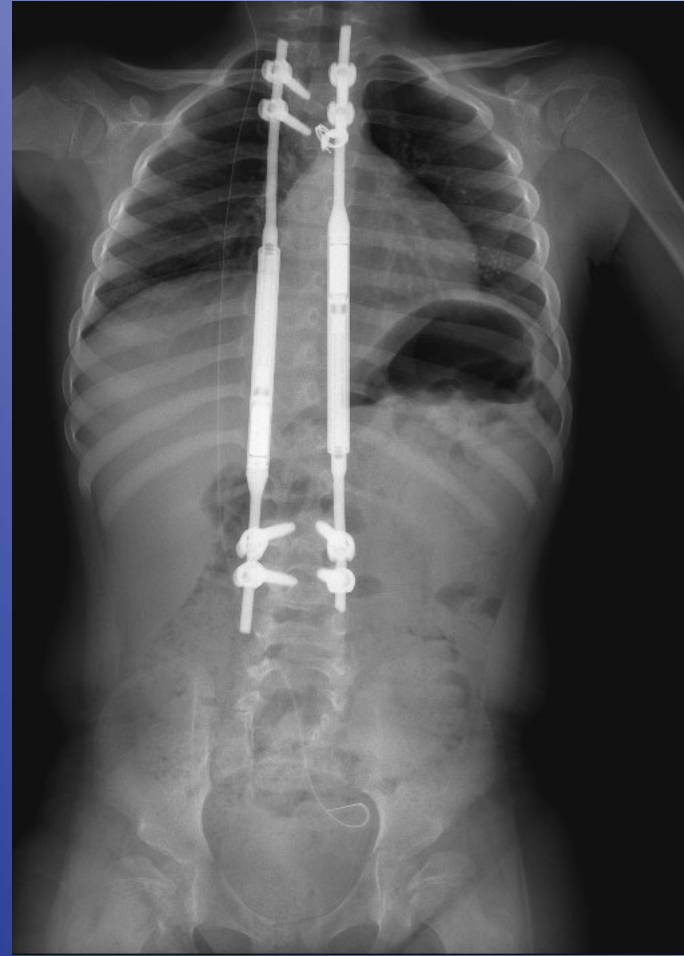
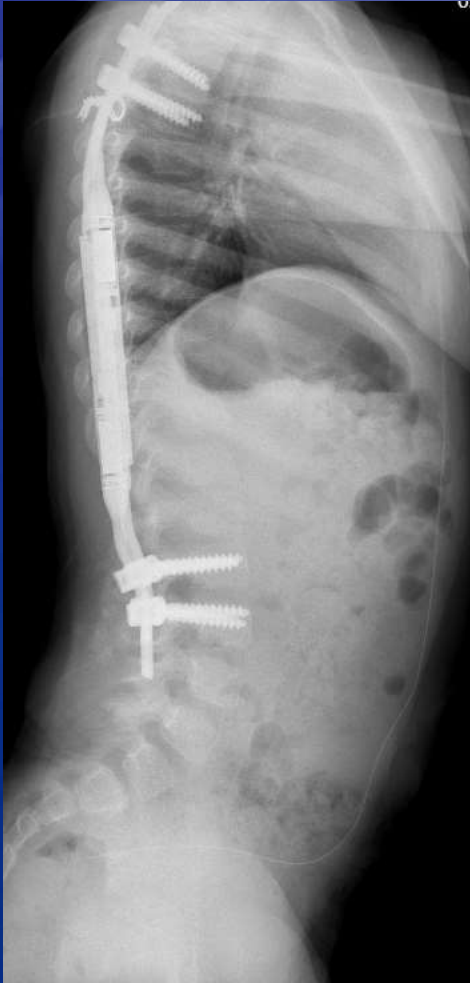


- Arnold-Chiari
- Posterior elements deficiency
- Low conus and tight filum
- Syrinx

Case #1, spinal dysraphism







Post-op

Summary

- Frequency of surgeries is an important factor for a high rate of complication in distraction based growing rod techniques
- Growth guided surgical techniques such as Shilla reduce the number of surgeries but do not take the advantage of distraction
- Remote control devices may decrease the number of surgeries and still keep the benefit of distraction and growth stimulation
- The devices are not approved for sale in the United States
- Clinical trials are pending



Thank You



SAN DIEGO CENTER
FOR SPINAL DISORDERS

