Growing rods in severe juvenile neuromuscular scoliosis. M. Repko, M. Filipovič



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Introduction

Progressive severe neuromuscular scoliotic curves in juvenile age are very complicated for any kind of solution.

Definitive surgery is impossible because of spine growth and repetitive redistractions are unsuitable.

There are a lot of difficulties and complex care required by these patiens.

Repetitive distractions



Disadvatages: -repetitive surgeries (each half an year) -orthosis necessity

-distractive methods of correction (risk of neuro lesion)

Advantages of growing rods

- Single stage surgery
- Translation method of correction
- Growing of the spine enabling

Indication for growing rods

- Progression above 40°
- Deformities before growing spurt (up to 11 y., Risser 0-3)

Surgical technique



Transpedicular screws implantation to the apex of the curve using full skeletisation



Transpedicular screws implantation to the cranial and caudal ends of the curve using subfascial paramedial approach

Surgical technique





Bending of the rods

Implantation of the rods

Surgical technique



Correction of deformity and locking of the apex screws using usual locknut



Locking of the cranial and caudal screws using special locknut enabling sliding of the rod in the screw head

Material

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4 patients System Socore (Novaspine) An average age 8,5 y. Type of deformity -paralytic -axial hypotony -meningomyelokela -Coffin-Lowry syndrome 1 minimum 6 month Follow up

Results

Growing rods	Grades before surgery	Grades after surgery	Correction rate
Frontal profile	90	23	75%
main curve	(80-108)	(14-29)	
Frontal profile	54	18	67%
secondary curve	(49-60)	(10-28)	
Sagittal profile	+60	+44	
thoracic kyphosis	(+40-+81)	(+37-+62)	
Sagittal profile	-47	-37	
lumbar lordosis	(-23–58)	(-23–54)	



Conclusions

Single-stage growing rods implantation makes excellent curve correction possible.

Possibility of early orthosis leave and repetitive distraction surgeries exclusion are also very important advantageous points.

Anyhow long-term result assessment is necessary.