Anchor Strategies and Management of Displaced Anchors

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Disclosure

- K2M (b)
- DePuy (c)
 - (b) Consulting fees
 - (c) Spekers' bureau



Anchor

Ankara

In classical antiquity and during the medieval period, the city was known as **Ánkyra**(**Ἄγκυρα**, **'anchor'**) in Greek and Ancyra in Latin; the Galatian Celtic name was probably a similar variant



Anchor

*Anchor: Any of <u>various devices</u> dropped <u>by a chain, cable, or</u> <u>rope</u> to the bottom of a body of water for preventing or restricting the motion of a vessel or other <u>floating object</u> typically having broad, hooklike arms that bury themselves in the bottom to provide a <u>firm hold</u>.

*Merriam Webster Dictionary

Spinal anchor

various devices: Hooks, wires, bands and screws

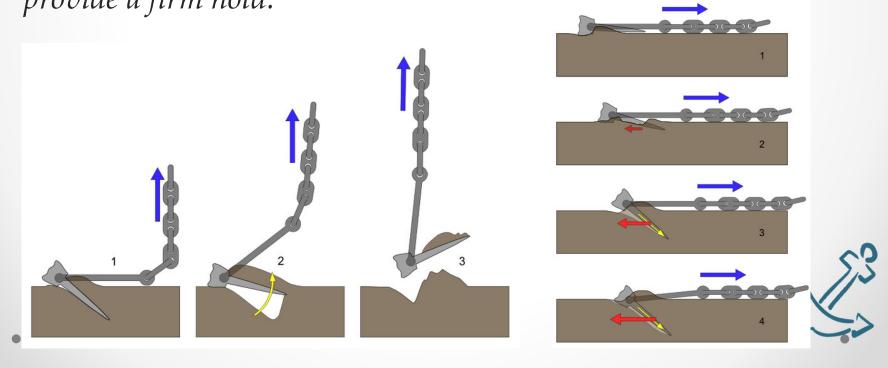
by a chain, cable, or rope: Rod(s)

floating object: Spine

firm hold: in growing spine and fusionless procedures??

Anchor

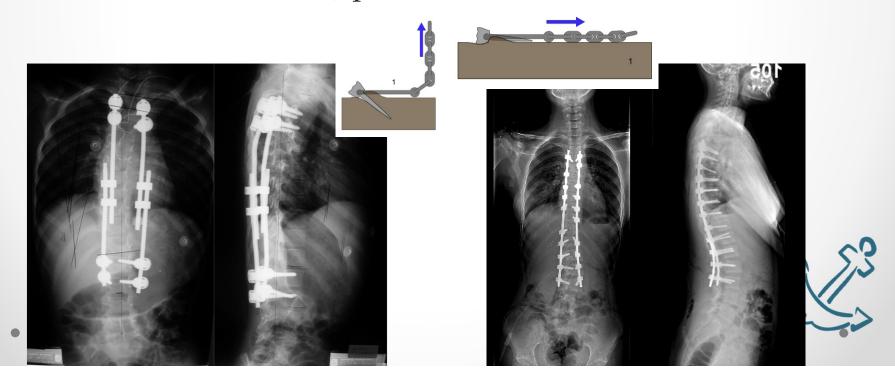
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Fusionless vs. Long-fusion

Inherently instable or prone to failure

- Nature of the bone
- Number of anchoring point
- Growth(motion) preservation



Spinal anchors in GR

Proximal

Supra-infralaminar hook claw

Infralaminar-TP hook or pedicle screw claw

Pedicle screws claw

Additional sublaminar wires

Rib hooks

Distal

Pedicle screws

Hook claw??

Iliac screw/rod



Anchor for GR

- Effective distraction
 - Distraction force and intra-discal pressure differences in different GR systems, Mahar. et. al., ICEOS 2009
 - Pedicle screw vs. laminar hooks as upper upper foundation
 - Pig study
 - Significantly greater distraction forces in pedicle crew group
- Durable fixation



Anchor safety/stability Implant related

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Type of anchors
   Pedicle screw claw
        pros
            Strongest combination
                In-vitro biomechanical study
                        Mahar et.al., The Spine J, 2008
            Less complication
               Clinical series
                        Skaggs et.al., AAOS 2011
        cons
            Neurological risks
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During the insertion

With pulling-out



Anchor safety/stability Implant related

Maximum stability(in general)

Bilateral fixation (dual growing rod)

Claw configuration

Additional wire

More than two-levels fixation

Transverse connector application

Maximum stability(for pedicle screw)

Convergent placement

More risky, if pulled-out

HA coating

Upsani et. al., Spine 2009

Clinical efficacy?



Anchor safety/stability Procedure related

One level fusion

'End-fusion technique'

Anchor placement and fusion first, rod implantation and distraction at 2nd stage

All-in-one



Anchor safety/stability Procedure related

Avoiding excessive correction
Especially overcorrection of kyphosis
Postoperative brace
Between index and 1st lengthening



Risk for failure of anchors

Localization

Mostly at proximal side

Distal failure is very rare

Exception!

Pelvic fixation in ambulatory patient

Deformity

Excessive kyphosis

Bone quality

Weak bone disease

Childs

Hyperactivity Overweight child??



Failure modes

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Spine Hook
Simple dislodgement
Laminar breakage
Screw
Pull-out
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Iliac screw

Pull-out

Plowing

Iliac bone fracture

Windshield wipering

Rib hooks

Fracture

Drift

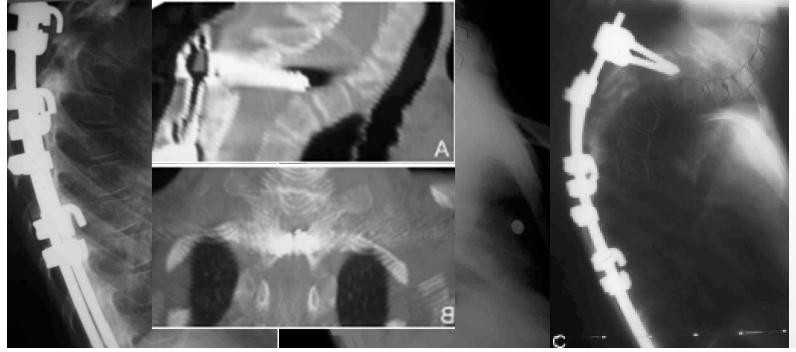




Probably screw is bet Risk-benefit ratio? Failure of hook

Just failule of manual







Revision

Hook dislodgement or laminar breakage

Pedicle screw

Additional level fixation

Rib hooks

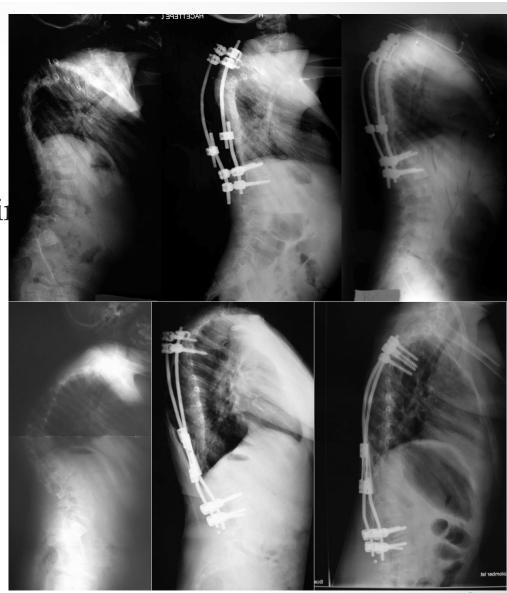
Re-insertion (replacement) of hooks / redecortication and re-grafting/ waiting for 3-4 months without rods/ then replacement of rods and re-distraction

'End-fusion technique after failure'



Revision

Hook dislodgement or lamin





Revision

Pedicle screw pull-out

Bigger and/or larger size screw

Additional level fixation

Hook fixation if lamina is still intact

Additional sublaminar wire if lamina is still intact

Rib hooks

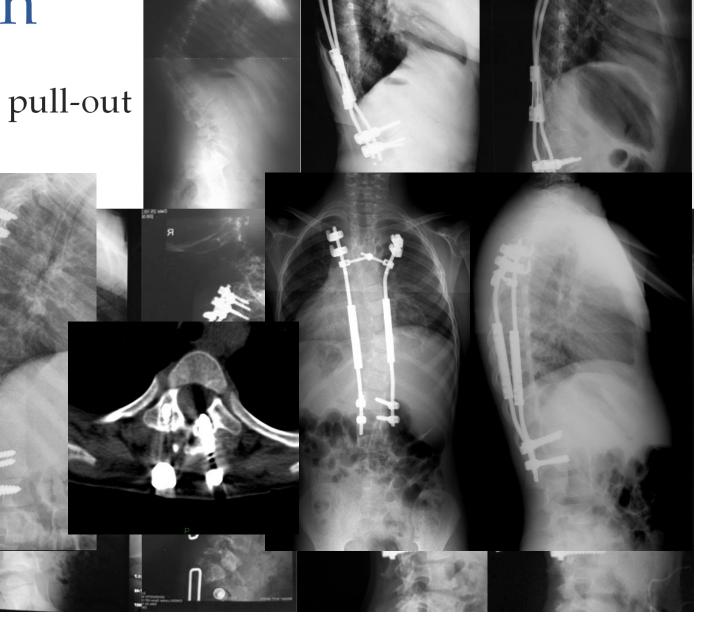
Pedicle screw migration

Reorientation of screw





Pedicle screw pull-out



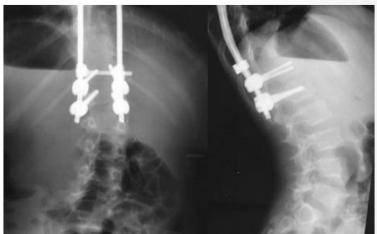
Conclusion

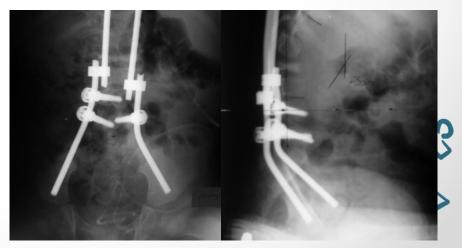
Current choices











Conclusion

Anchor failure

Not fully preventable

It can be reduced

Difficult to manage in some case

Tailoring strategy

It is not an excuse for giving-up!

