

# MCGR Technique: Economics of Growing Rod Surgery

David W. Polly, Jr, MD

*International Congress on Early Onset Scoliosis and Growing Spine  
November 20-21, 2014 – Warsaw, Poland*



UNIVERSITY of CALIFORNIA  
SAN DIEGO

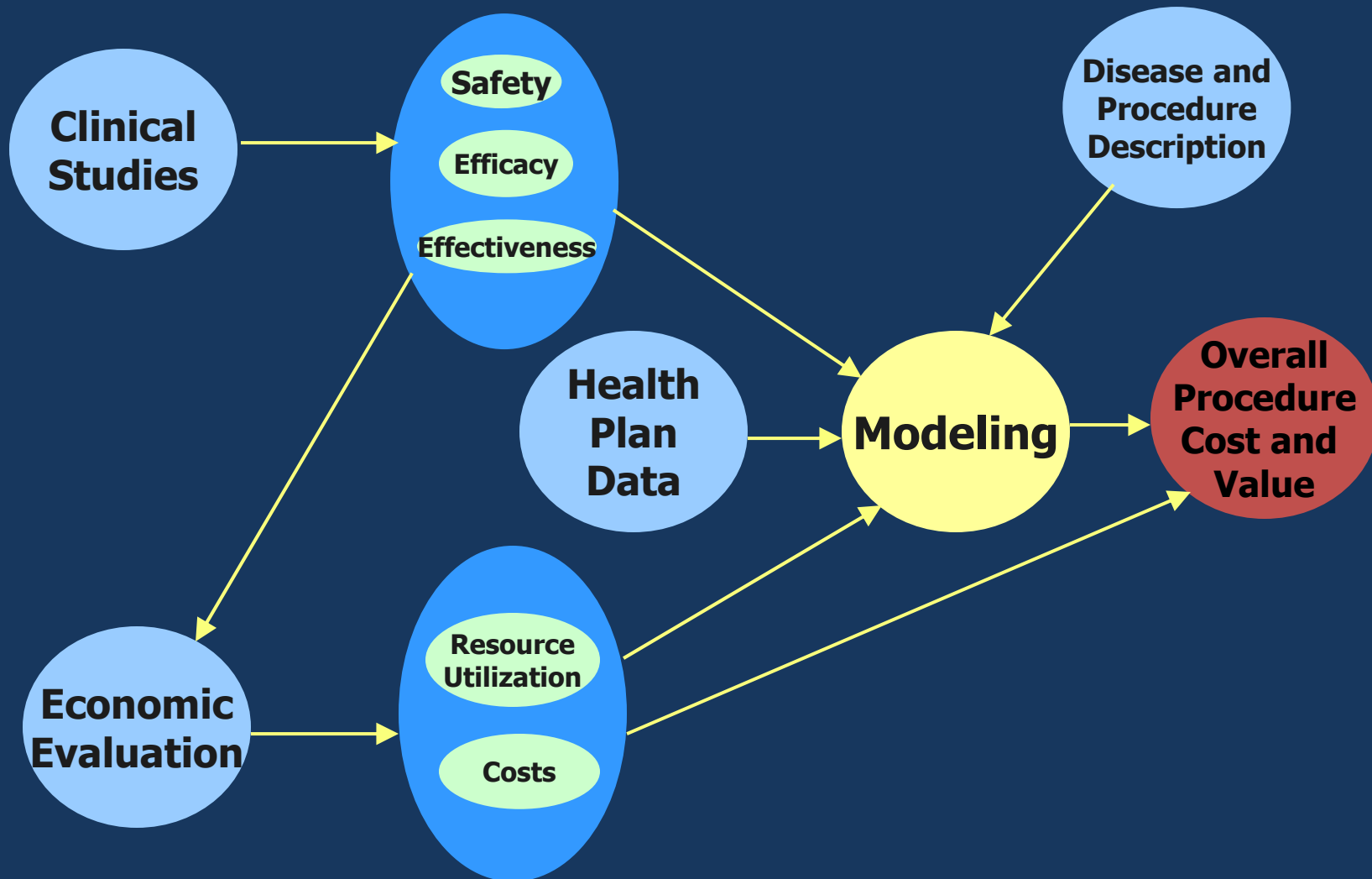
# DISCLOSURES

- **David Polly:** *None.*
- Covance Health Care Economics received funding from Ellipse to do this modeling work

# What is Modeling?

- Simulation of reality in simple, straightforward manner
- A tool for evaluating the clinical AND economic impact of interventions for a given clinical condition
- Systematic aid to decision-making

# "SHOW ME THE VALUE!"








# Three Guiding Principles of Models

- Methodologically Sound
- Transparent
  - Calculations
  - Assumptions
  - Data Sources
- User-Friendly

# Types of Models

- Cost-of-Illness Models
- Budget Impact Models
- Cost Minimization Models
- Cost-Effectiveness / Cost-Utility Models

# Models Used by Different Payers Globally

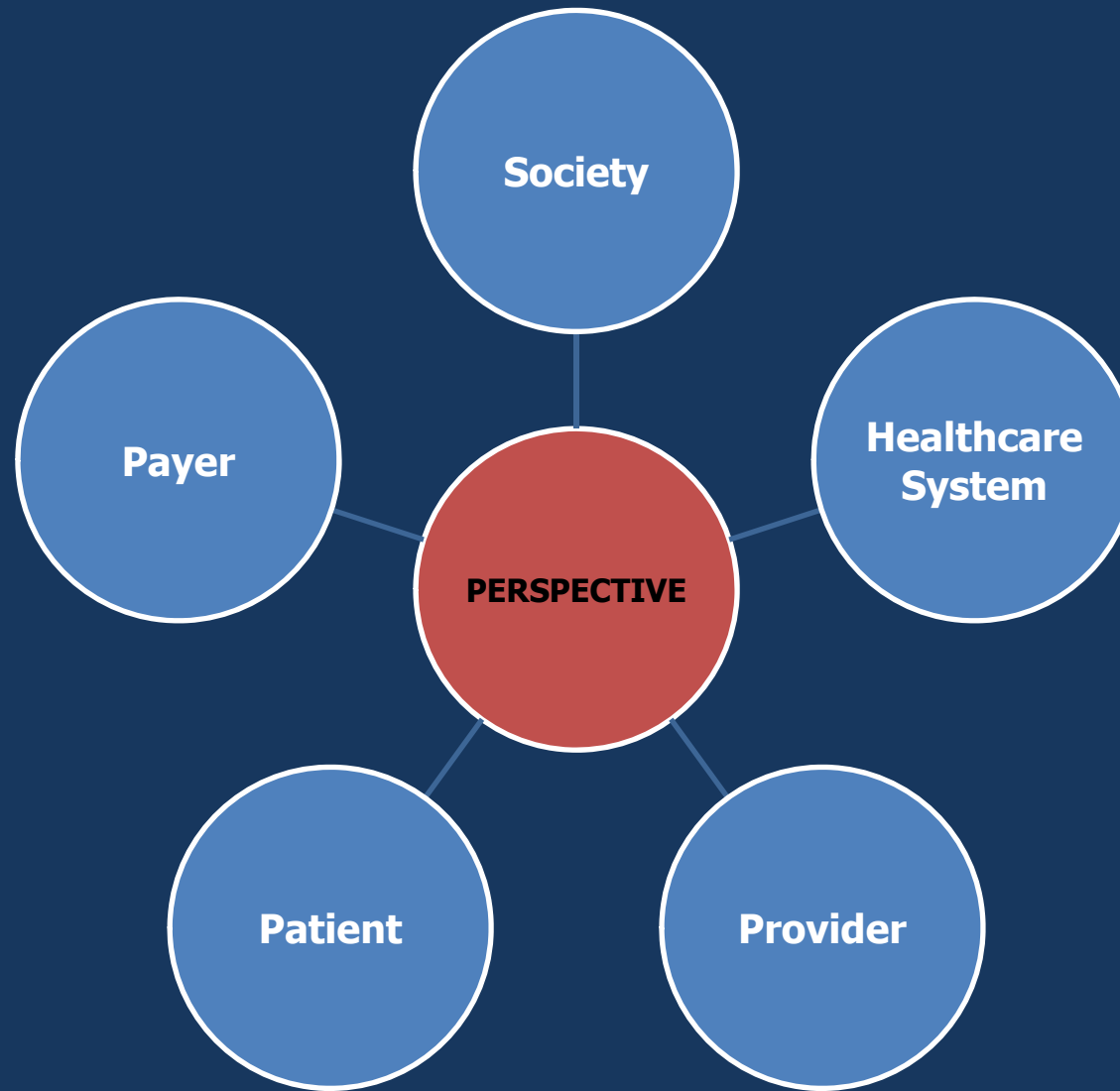
Country	Type of Models Used by Payers
	Budget Impact Model
	Cost-Effectiveness Model, Budget Impact Model
	Cost-Effectiveness Model, Budget Impact Model
	Cost-Effectiveness Model, Budget Impact Model
	Cost-Effectiveness Model, Budget Impact Model

# Budget Impact Models

- Estimates costs only
  - Does not consider effectiveness
- Compares two or more alternatives
- Customize models for health plans (including from a national perspective, if appropriate)
  - Results can be expressed as Per Member per Month, or annual expenditure for a given budget holder.



# Perspective



# Costs Under Different Perspectives\*

Cost Element	Societal	Patient	Payer
Medical care	All medical care costs	Out-of-pocket expenses	Covered payments
Patient time	Cost of all time used	Opportunity cost to patient	None
Informal care giving	All costs	Opportunity cost to caregiver	None
Transportation	All costs	All costs	None
Sick leaves, disability	Admin costs only	Amount received	Amount paid by insurer

# Model Input: Total Time of Surgery

- Includes time to get IV into patient for anesthesia and minutes under anesthesia

- Average 125 minutes under anesthesia per GSSG database

- Anesthesia provider fee calculation:  $(\text{Base Units} + \text{Time (in units)}) \times \text{CF} = \text{Anesthesia Fee Amt.}$  This is the physician payment.

- Payer mix weighted conversion factor = \$42.25;  
calculation:  $((\text{private } 51.5\% \times \$67.94) + \text{Medicaid } 48.5\% \times \$22.6765 \times 66\%)$ .  $[10 \text{ base units} + 8.33 \text{ time units}] \times \$42.25 = \$774.44$  (If assume 13 base units then total anesthesia fee = \$901.19).

# Key Cost Drivers

In the sensitivity analysis in the MCGR technique budget impact model, the following factors were key cost drivers:

- Infections
- Inpatient vs. outpatient procedure
- Frequency of lengthening
- Type of implant



# Cost Driver: Infections

- Stainless steel
- Non-ambulatory
- Multiple revisions (>8)

- Idiopathic cases
- 'Normal' host

Maximum

Minimum



# Cost Driver: Inpatient vs. Outpatient

- Epidemiology of site is key
  - Strong genetic program
  - High syndromic prevalence
- Idiopathic cases
- Normal pediatric unit

Outpatient

Inpatient



# Site of Lengthening Procedure

- % TGR pts inpt lengthening
- GSSG query 11/2/14 2,108 lengthening only
  - 949 inpt
  - 805 outpt
  - 354 unknown

# Cost Driver: Frequency of Lengthening



Minimum

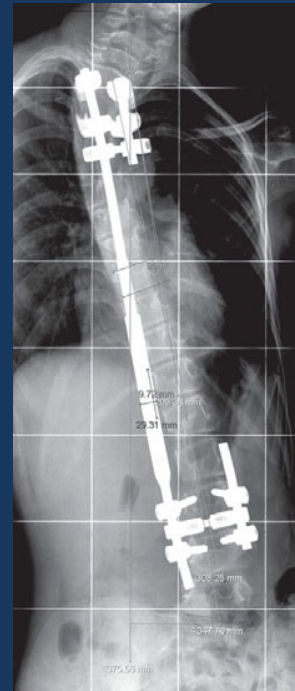
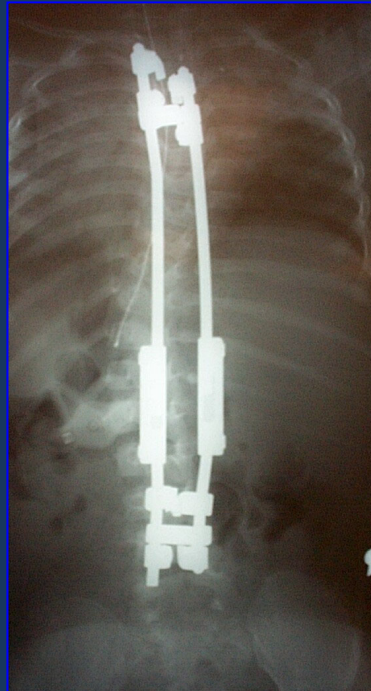
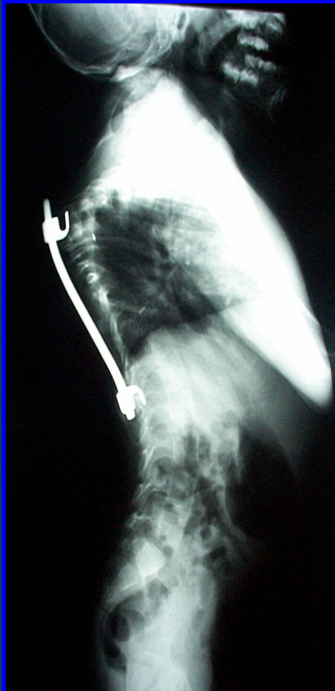


Maximum





# Cost Driver: Type of Implant

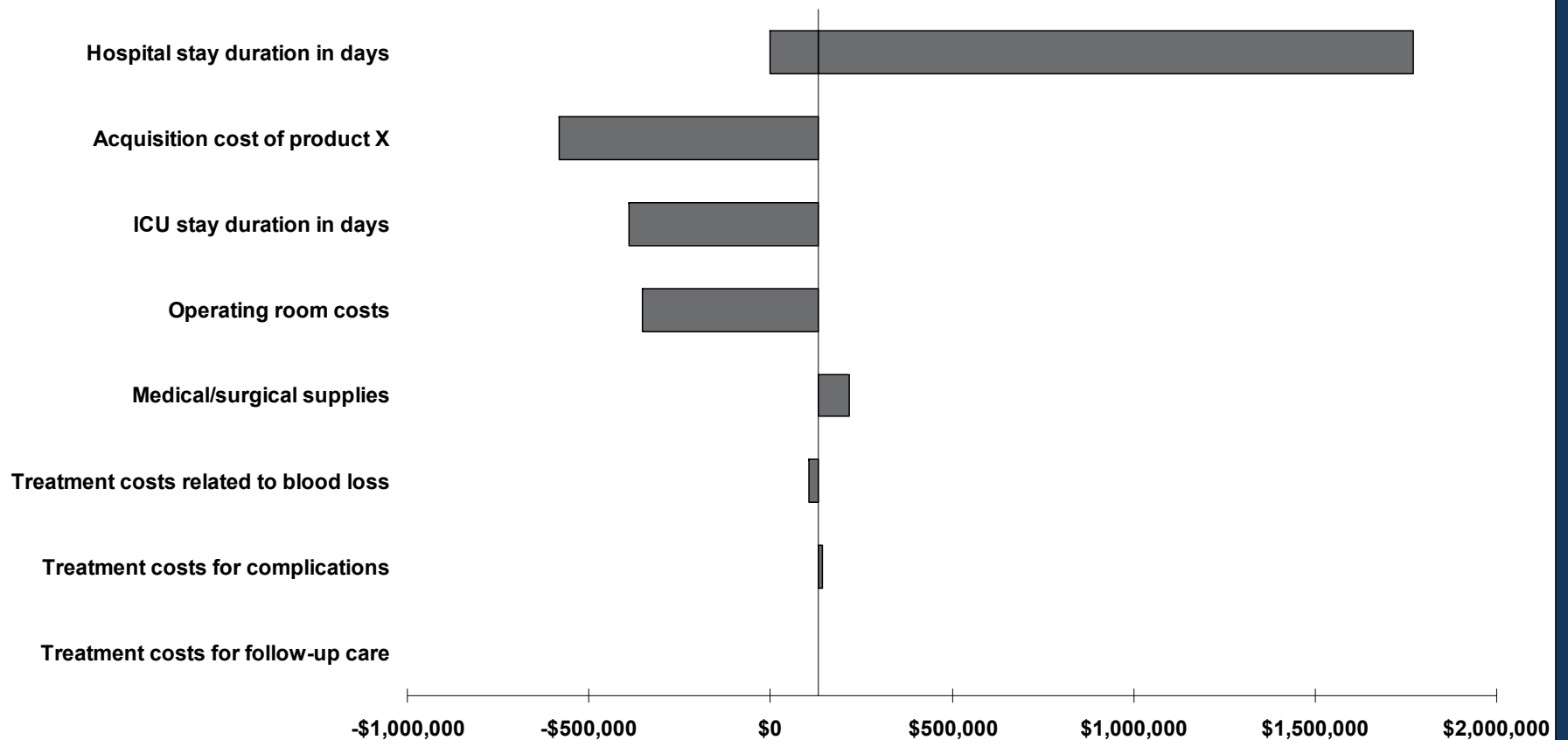


Complex

Simple

# Illustration: Tornado Diagram

Tornado Diagram for the Impact of Product X to Hospital Inpatient Budget



Putting NICE guidance into practice

**Costing statement: The MAGEC system for spinal  
lengthening in children with scoliosis  
Implementing the NICE guidance (MTG18)**

Published: June 2014

The Committee for the topic was advised that the population of children for whom the MAGEC system would be considered is small, with an estimated 120 children per year in England who may be treated using growth rods. Because of this, it is unlikely that the guidance will result in a significant change in resource use in the NHS.

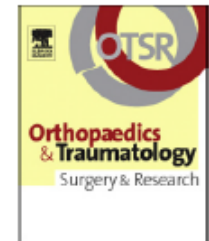
The External Assessment Centre estimated the insertion costs of MAGEC rods to be £27,400, with an annual lengthening cost of £900. In contrast, conventional growth rods are estimated to cost £15,300 for insertion and £5400 for annual lengthening.

The additional insertion cost of £12,100 for the MAGEC system has a payback period of less than 3 years. Anticipated savings per child after 6 years are estimated to be around £12,000.



Available online at  
**ScienceDirect**  
[www.sciencedirect.com](http://www.sciencedirect.com)

Elsevier Masson France  
**EM|consulte**  
[www.em-consulte.com/en](http://www.em-consulte.com/en)



Original article

## Direct costs associated with the management of progressive early onset scoliosis: Estimations based on gold standard technique or with magnetically controlled growing rods



C. Charroin<sup>a</sup>, K. Abelin-Genevois<sup>b</sup>, V. Cunin<sup>b</sup>, J. Berthiller<sup>c,d</sup>, H. Constant<sup>a</sup>, R. Kohler<sup>b</sup>,  
G. Aulagner<sup>a,e</sup>, H. Serrier<sup>d</sup>, X. Armoiry<sup>e,f,\*</sup>

<sup>a</sup> Hospices Civils de Lyon, Groupement Hospitalier Est, Service Pharmaceutique, avenue du Doyen-Lépine, 69500 Bron, France

<sup>b</sup> Hospices Civils de Lyon, Groupement Hospitalier Est, Service Chirurgie Orthopédique pédiatrique, Université Claude-Bernard Lyon 1, avenue du Doyen-Lépine, 69500 Bron, France

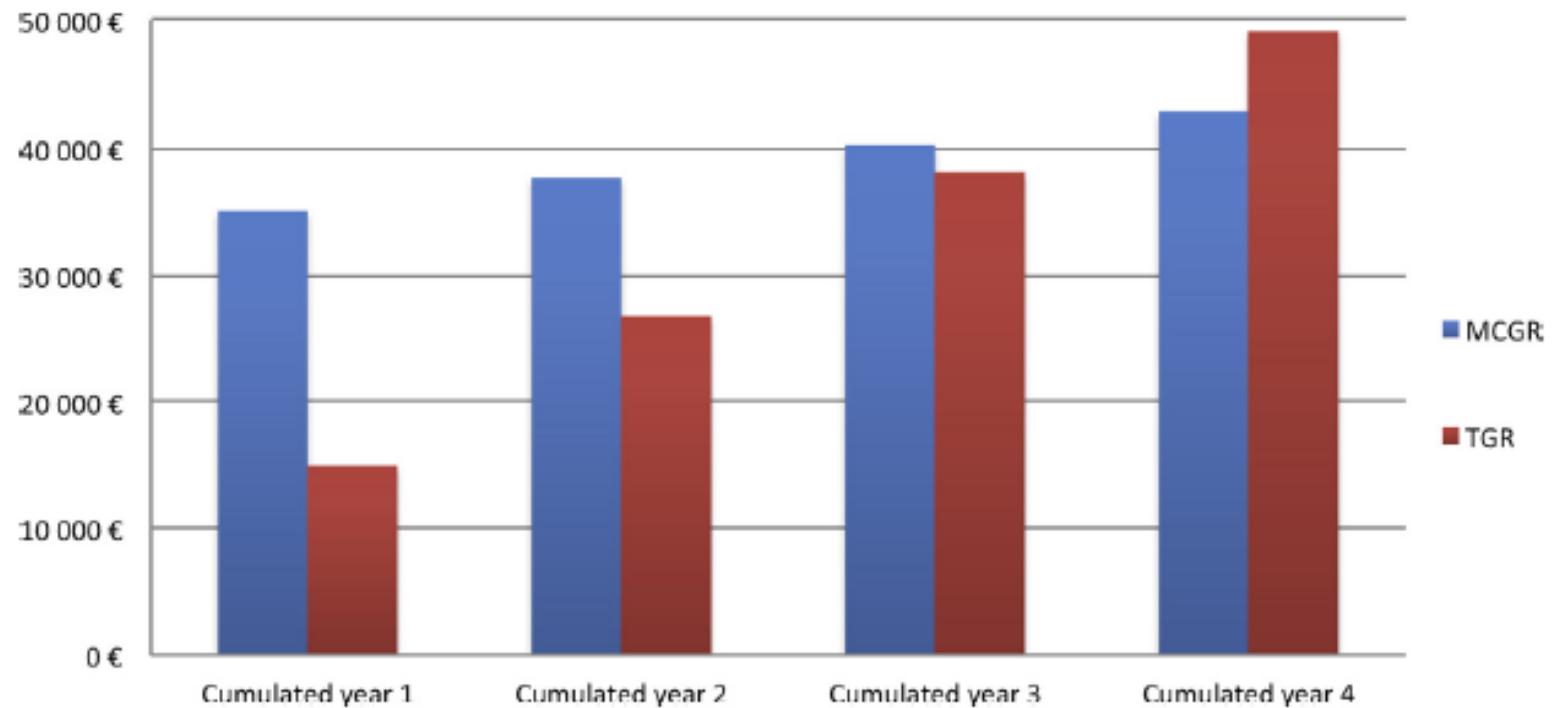
<sup>c</sup> Pôle information médicale évaluation recherche, équipe d'accueil 4129, hospices civils de Lyon et université de Lyon, 59, boulevard Pinel, 69677 Bron, France

<sup>d</sup> Hospices Civils de Lyon, Pôle Information Médicale Évaluation Recherche, 59, boulevard Pinel, 69677 Bron, France

<sup>e</sup> Université Claude-Bernard Lyon 1, UMR-CNRS 5510/MATEIS, Bron, France

<sup>f</sup> Hospices Civils de Lyon, Délégation à la Recherche Clinique et à l'Innovation, Cellule Innovation, avenue du Doyen-Lépine, 69500 Bron, France

*C. Charroin et al. / Orthopaedics & Traumatology: Surgery & Research 100 (2014) 469–474*



**Fig. 1.** Cumulated costs over time horizon for traditional growing rod and magnetically controlled growing rod strategies.

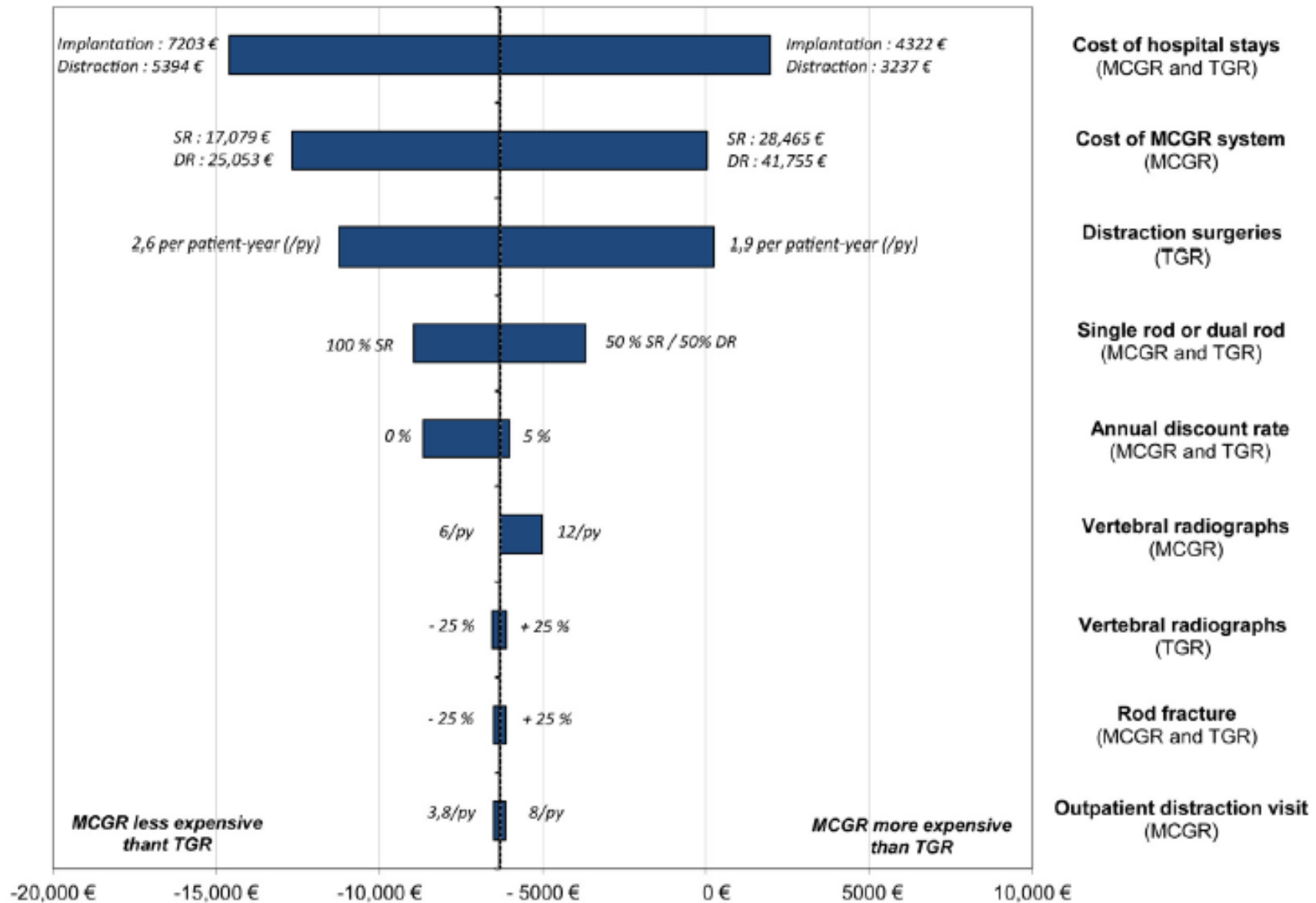


Fig. 2. Tornado diagram assessing sensitivity on cost differential.

# Key Cost Drivers

- Cost of hospital stays (from TGR lengthening)
- Cost of implants
  - Single vs dual rods
- Assumed infection rate and rod breakage rates are same between TGR and MCGR
- Rate of implant (MCGR) replacement due to growth will be significant
- Duration of model will have effects as well
  - UK 6 year model France 4 year model
  - US model will be 6 years



# What Else Should Be Considered?

- Decreased episodes of general anesthesia
- Perhaps decreased patient and family anxiety
- Potentially increased visits to outpatient clinic
- Effect on number of x-rays?
- Clinical effectiveness?
- If the new technology is cost neutral it is a big win, if it increases costs but has additional definable benefits it is still ok