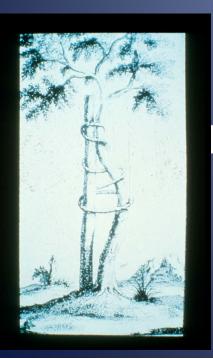
A Comparison of SHILLA GROWTH GUIDANCE SYSTEMTM (SGGS) and Growing Rods in the Treatment of Spinal Deformity in Children Less than 10 Years of Age



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Disclosures

- Scott Luhmann
 - Consultant: Medtronic, Orthofix
 - Education: Medtronic, Stryker Spine
 - Royalties: Lippincott, Globus
- Richard McCarthy
 - Consultant: Medtronic

Introduction

- Shilla construct was first reported at IMAST in 2007.
- Subsequent reports have documented:
 - Good correction of the coronal Cobb: 51.8 % at 2 yr f/u
 - Fewer surgeries (75% less) than would be expected for growing rod treatments
- Direct comparison between matched patient cohorts of ShillaTM and GR has not been previously reported.
- The purpose of this study is to report the radiographic and clinical outcomes of Shilla and GRs in the treatment of scoliosis in children <10 years of age.





- Two-center retrospective study of ShillaTM as an alternative to growing rods (GR) to support HDE submission for FDA approval.
- Inclusion criteria:
 - Progressive scoliosis >40 degrees
 - Thoracic or lumbar spine main curves
 - Less than 10 years of age at index procedure
 - Treated w/ GR or ShillaTM, minimum 6 vertebral levels
- Radiographic and clinical data were obtained preoperatively through final f/u.

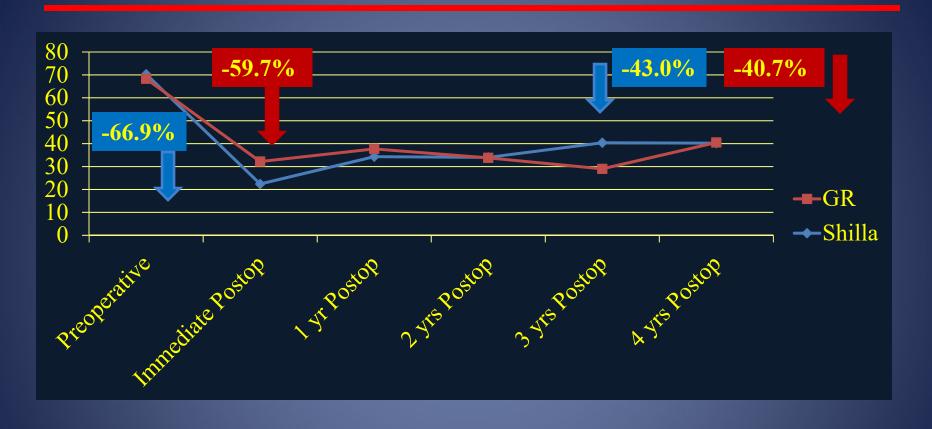
Methods

	# patients	Mean	Mean	Ambu-	Curve
		age	f/u	latory?	Location
Shilla TM	19	6.1 y	3.8 y	15/19	PT 1
	12 f:7 m		·	(79%)	MT 14
					TL/L 4
GR	6	5.8 y	3.6 y	6/6	MT 6
	4 f:2 m	·	J	(100%)	

Results

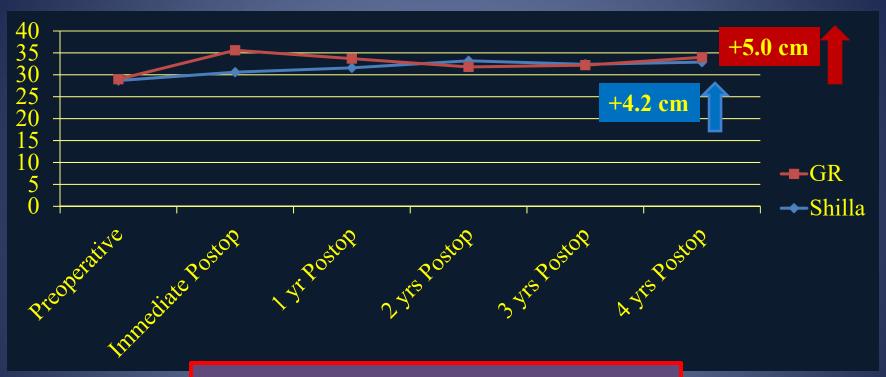
	Mean OR time	Mean EBL	Mean hospital stay	Diagnoses
Shilla TM	5.2 h	389 cc	5.1 d	IS: 7 Syndromic: 7 NM: 5
GR	4.4 h	235 cc	6.7 d	IS: 4 Syndromic: 1 NM: 1

Main Curve: Cobb Measure



	Preop	Immediate Postop	1 yr Postop	2 yrs Postop	3 yrs Postop	4 yrs Postop
Shilla TM	70.3°	22.40	34.30	34.0°	40.40	40.2°
GR	68.3°	32.20	37.70	33.80	29.00	40.5°

T1-S1 length (mean, cm)



	Pre
Shilla TM	28.
GR	29.

Mean growth T1-S1/month

ShillaTM: 0.14

Growing Rods: 0.11

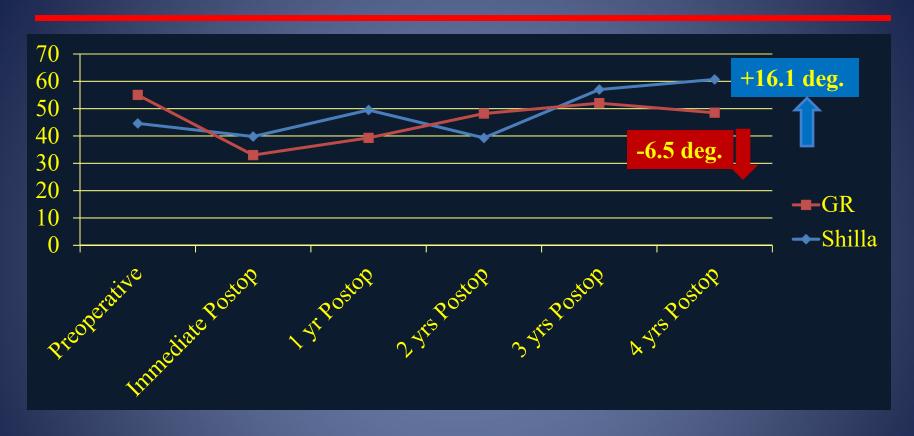
3 yrs 'ostop	4 yrs Postop
32.4	32.9
32.2	34.0

T2-T12 Kyphosis (mean)



	Preop	Immediate Postop	1 yr Postop	2 yrs Postop	3 yrs Postop
Shilla TM	36.30	27.1°	47.9°	43.00	51.00
GR	30.00	36.00	37.50	30.20	35.50

T12-S1 Lordosis (mean)



	Preop	Immediate Postop	1 yr Postop	2 yrs Postop	3 yrs Postop	4 yrs Postop
Shilla TM	-44.6°	-39.80	-49.5°	-39.30	-57.0°	<u>-60.7°</u>
GR	-55.0°	-33.00	-39.30	-48.2°	-52.0°	-48.5°

Reoperations

- ShillaTM:
 - 7 of the 19 patients had <u>no reoperations</u> (37%)
 - 12 of the 19 patients (63%) had a total of 29 reoperations
 - Reoperation rate: 1.5 reoperations/patient
- Growing Rods:
 - All 6 Growing rod patients (100%) had reoperations
 - Total of 43 reoperations (33 were routine lengthenings)
 - Reoperation rate:
 - Mean 5.5 reoperations for lengthenings
 - Mean 1.7 reoperations/patient for non-lengthening surgeries
 - Overal 7.2 reoperations/patient

Complications/Adverse Events

- None intraoperatively in either group
- Implant-associated AE:
 - ShillaTM: 30 in 13 patients (68.9%)
 - GR: 11 in 5 patients (83.2%)
- Surgical Site Infection:
 - ShillaTM: 1 (5.3%)
 - -GR: 0 (0%)





Conclusion

- The SHILLATM GROWTH GUIDANCE SYSTEM compares favorably with traditional growing rod constructs in terms of correction of the major curve, spinal length and growth, and maintenance of sagittal alignment.
- Similar frequency of non-lengthening surgeries between the groups (1.5 for Shilla, 1.7 for GR)
- Overall reoperation rate is <u>1.5</u> for Shilla and <u>7.2</u> for GR
- The greater than four-fold decrease in secondary surgeries makes the Shilla growing rod an attractive alternative to minimize comorbidities associated with additional surgeries.