Shilla: Techniques, Tips, and Tricks

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Preoperative Assessment

- Flexibility films
- MRI-intrathecal
- CT- check pedicles
- Bone density



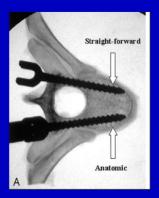


Intraoperative Safety Factors

- Ability to monitor cord function
 - SSEP and MEP
- Cell saver
- C-arm, O-arm, navigation systems
- Skilled anesthesia team
- Antibiotics, antifibrinolytics
- Skill and attention to detail in surgical team







Dissection – subperiosteal at apex





Flouroscopy for growing screws (Pediguard)



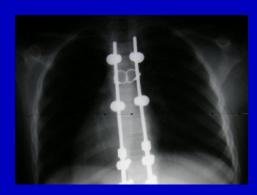


Screws

- Fill the pedicle (large size screws)
 - Deep into vertebral body



- Wires or tapes (fiberwire) may help to reinforce





Correction

- Goal is apex to neutral
- Provisional convex rod with in situ bending
 - Push apex towards concavity







Correction

 Cross link just below the apex to control the tendency of rods to spring back





 In child less than 5 yrs old, use sliding crosslink to allow growth of canal diameter

Follow-up: Persistence helps

- Implant problems happen
 - Prominence and breakage (replace both rods)





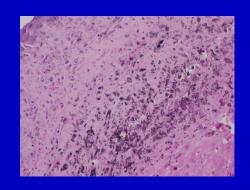




Metallosis happens







Long-term results



Allows spine to grow

Keeps child out of O.R.

Some sports allowed