



Does Initial Cast Correction Predict Treatment Success for Infantile Scoliosis?

**Jaime A. Gomez MD, Alexandra Grzywna BA, Patricia Miller MS,
Lawrence Karlin MD, Sumeet Garg MD, Jacques D'Astous MD
FRC, James Sanders MD, Paul Sponseller MD MBA, Michael
Glantz MD**



Boston Children's Hospital
Orthopedic Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

Montefiore
THE UNIVERSITY HOSPITAL

EINSTEIN
Albert Einstein College of Medicine
OF YENNEA UNIVERSITY



Can We Predict Casting Results for EOS?

Patient 1



Initial X-ray

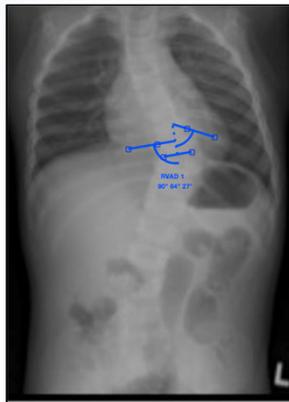
Cobb 42°



12 months after casting treatment

Cobb 5°

Patient 2



Cobb 47°



Cobb 53°



Background

Previous research has shown in-brace correction predicts treatment success in AIS

Purpose

Examine casting outcomes and identify factors that correlate with lower Cobb angles at end of treatment.

Hypothesis

Initial cast correction can predict success

- % Change in Cobb
- % Change in RVAD



Methods

Inclusion Criteria

Idiopathic

Initial treatment in cast

F/U radiographs available



- **Multicenter**
- **2005 - 2013**



Boston Children's Hospital
Orthopedic Center



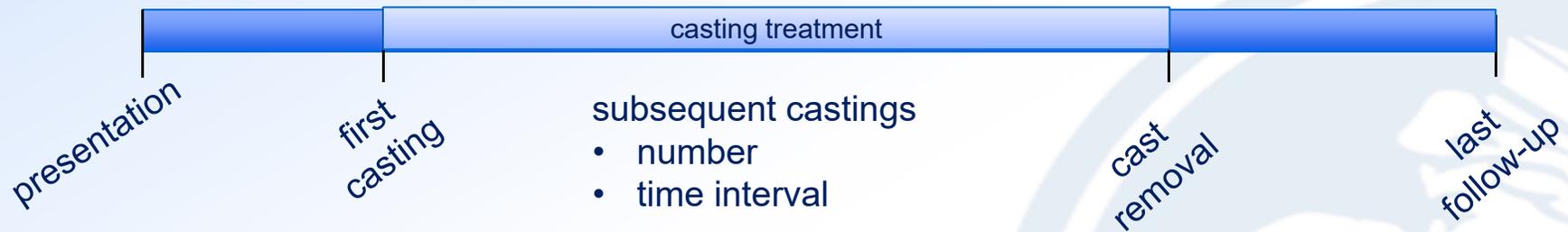
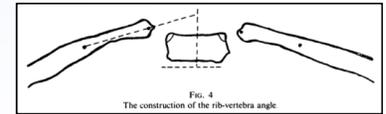
HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

Montefiore
THE UNIVERSITY HOSPITAL

EINSTEIN
Albert Einstein College of Medicine
OF YENNEA UNIVERSITY



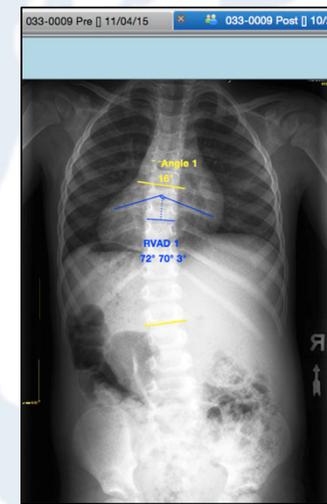
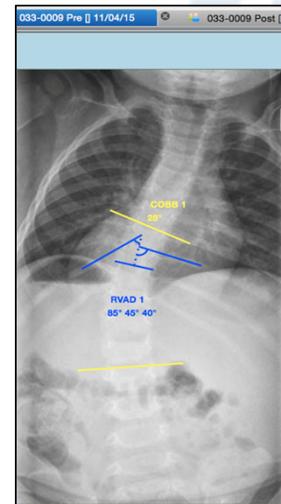
The Children's Hospital
at Montefiore



Radiographic:

Cobb angle, RVAD

- Precast, In cast, Last f/u



Methods

Linear Regression Analysis

- Assess change in Cobb over time

Logistic Regression Analysis

- “Cure” after casting $<15^\circ$ vs $>15^\circ$

Other statistical methods

- Pearson’s correlation analysis
- Uni- and multivariable regression



Boston Children's Hospital
Orthopedic Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

Montefiore
THE UNIVERSITY HOSPITAL

EINSTEIN
Albert Einstein College of Medicine
OF YENNEA UNIVERSITY



Results

Sample (N = 68 patients)

27 Female

41 Male (60%)

Average

Age at initial casting =

1.8 ± 1 y/o



Follow-up =

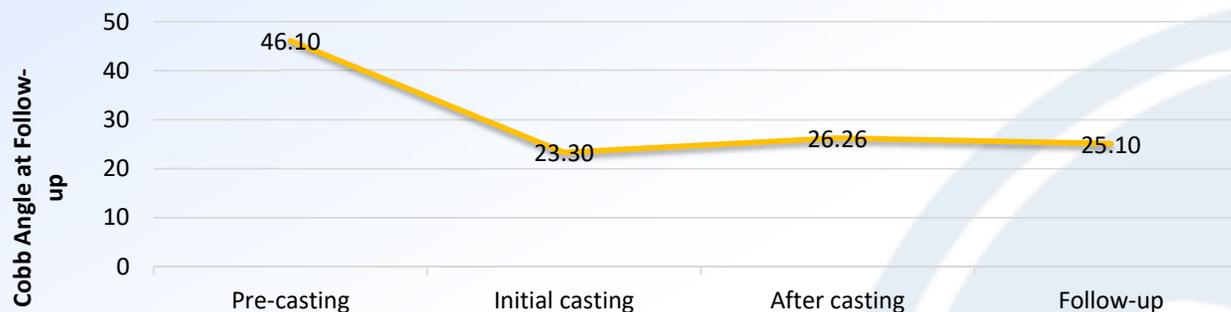
Mean = 2.4 y



Treatment duration = **16.7 ± 11.4 months**

Number of casts = **6 casts (4-8); 2.7 M in cast**

Linear Regression Model



Initial Cobb:

- Each 10 degrees increase in Cobb = 7.6° at f/u ($p=0.001$)

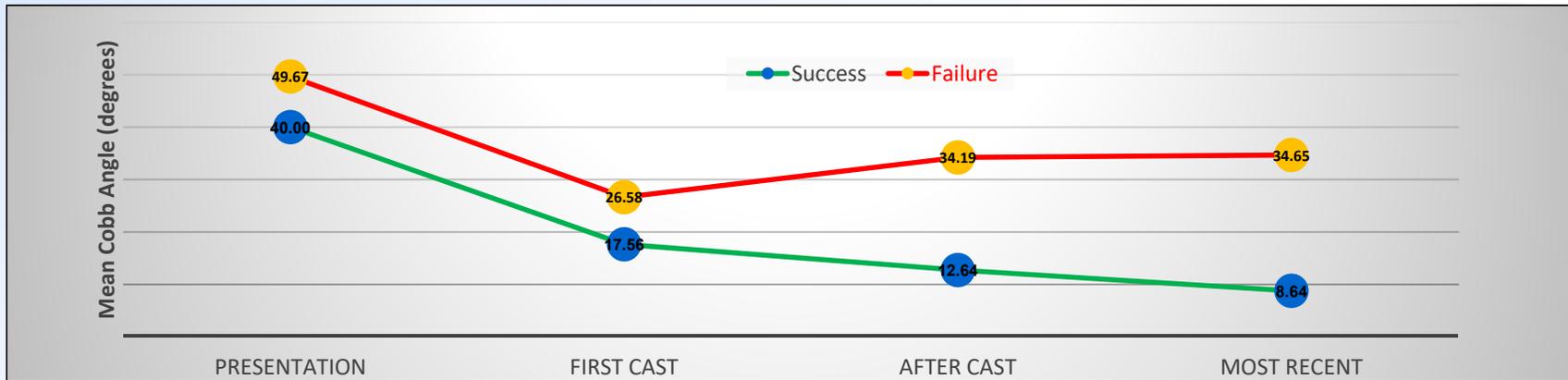
Casting Age:

- Each 1 yr = Cobb increased 4.5° ($p=0.02$)

% Cobb Correction:

- 10% Cobb correction = F/u decreased 2.3° ($p=0.006$)

“Cure” Analysis - Logistic Regression Analysis



	<15°	>15°	
Age 1 st Cast (yr)	1.4	2.1	<i>P=0.006</i>
1 st Cast Cobb	17.6°	26.6°	<i>P=0.04</i>
RVAD % Corr	50%	15.8%	<i>P=0.01</i>

Limitations

Sample size

X-ray technique variability

Measurement variability

Casting technique differences

No clear “cure” definition



Boston Children's Hospital
Orthopedic Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

Montefiore
THE UNIVERSITY HOSPITAL

EINSTEIN
Albert Einstein College of Medicine
OF YENNEA UNIVERSITY

The Children's
Hospital
at Montefiore



Conclusions

Lower Cobb at Final F/U

Smaller initial Cobb

Younger age 1st cast

- Start early

% Cobb Correction in cast

- Flexibility or cast quality?



Conclusions

“Cure” Predictors

Age @ 1st Cast (yr)

- *Start early*

1st Cast RVAD % Correction

- Flexibility or cast quality?



Boston Children's Hospital
Orthopedic Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

Montefiore
THE UNIVERSITY HOSPITAL

EINSTEIN
Albert Einstein College of Medicine
OF YENNEA UNIVERSITY



Thank You!!

